Lambda Interferon (IFN-\(\lambda\)) in Serum Is Decreased in Hantavirus-Infected Patients, and In Vitro-Established Infection Is Insensitive to Treatment with All IFNs and Inhibits IFN-\(\gamma\)-Induced Nitric Oxide Production\(^\dagger\)

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Hantaviruses, causing hemorrhagic fever with renal syndrome (HFRS) and hantavirus cardiopulmonary syndrome (HCPS), are known to be sensitive to nitric oxide (NO) and to pretreatment with type I and II interferons (alpha interferon [IFN-\(\alpha\)]/IFN-\(\beta\) and IFN-\(\gamma\), respectively). Elevated serum levels of NO and IFN-\(\gamma\) have been observed in HFRS patients, but little is known regarding the systemic levels of other IFNs and the possible effects of hantaviruses on innate antiviral immune responses. In Puumala virus-infected HFRS patients (\(n = 18\)), we report that the levels of IFN-\(\alpha\) and IFN-\(\beta\) are similar, whereas the level of IFN-\(\lambda\) (type III IFN) is significantly decreased, during acute (day of hospitalization) compared to the convalescent phase. The possible antiviral effects of IFN-\(\lambda\) on the prototypic hantavirus Hantaan virus (HTNV) replication was then investigated. Pretreatment of A549 cells with IFN-\(\lambda\) alone inhibited HTNV replication, and IFN-\(\lambda\) combined with IFN-\(\gamma\) induced additive antiviral effects. We then studied the effect of postinfection treatment with IFNs. Interestingly, an already-established HTNV infection was insensitive to subsequent IFN-\(\alpha\), -\(\beta\), -\(\gamma\), and -\(\lambda\) stimulation, and HTNV-infected cells produced less NO compared to noninfected cells when stimulated with IFN-\(\gamma\) and IL-1\(\beta\). Furthermore, less phosphorylated STAT1 after IFN treatment was observed in the nuclei of infected cells than in those of noninfected cells. The results suggest that hantavirus can interfere with the activation of antiviral innate immune responses in patients and inhibit the antiviral effects of all IFNs. We believe that future studies addressing the mechanisms by which hantaviruses interfere with the activation and shaping of immune responses may bring more knowledge regarding HFRS and HCPS pathogenesis.

Hantaviruses, members of the *Bunyaviridae* family, are emerging pathogens that cause two zoonotic human diseases: hemorrhagic fever with renal syndrome (HFRS) in Europe and Asia and hantavirus cardiopulmonary syndrome (HCPS) on the American continent, with mortality up to 40% depending on the specific hantavirus (33, 41). Hantavirus infection per se is not cytopathogenic, and it has been suggested that HFRS and HCPS are caused rather by the immune responses raised during infection (19, 39).

Type I interferons (IFNs) (consisting of IFN-\(\beta\) and of at least 13 different IFN-\(\alpha\)s in humans) and type II IFN (IFN-\(\gamma\)) have long been known to have antiviral effects against numerous viruses (16, 31), including hantaviruses (38). Recently, type III IFNs (IFN-\(\lambda\), -\(\alpha\), and -\(\beta\), also called interleukin-29 [IL-29], -28A, and -28B, respectively) were discovered and also shown to have antiviral capacities (23, 34).

Hantaviruses are sensitive to pretreatment of cells with nitric oxide (NO), IFN-\(\alpha\), -\(\beta\), and -\(\gamma\), and antiviral proteins such as the myxovirus resistance A protein (MxA) (11, 18, 22, 38). These observations suggest that innate immune responses play an important role in controlling hantavirus infection. It is not known whether or how infected cells recognize hantavirus replication or what signaling pathways might be used to activate innate immune responses. However, it was recently shown that pathogenic hantaviruses inhibit retinoic acid-inducible gene I (RIG-I)-mediated induction of type I IFNs in vitro (1), suggesting that hantaviruses can interfere with RIG-I-mediated IFN production.

The levels of IFN-\(\gamma\) and NO in serum are known to be elevated during hantavirus infections (9, 26), showing that at least parts of the antiviral immune defense are activated in HFRS and HCPS patients. IFN-\(\gamma\) is produced mainly by cells of the adaptive immune system, and we have shown that hantavirus infection per se does not induce production of NO (22), suggesting that the elevated NO production in patients is induced in cells stimulated by IFN-\(\gamma\) alone or in combination with other cytokines (5). If and to what extent type I and type III IFNs are produced by hantavirus-infected cells in patients has not been reported.

Numerous pathogenic viruses can inhibit the activation of type I IFN production and thereby evade innate immune responses (16). Furthermore, adenovirus and African swine fever virus interfere with inducible NO synthase (iNOS) production, thereby decreasing the amount of NO produced, showing that certain viruses can suppress also NO production (6, 15).

Hemorrhagic fever patients suffering from Ebola virus and Junin virus infections have elevated levels of IFN-\(\alpha\) in serum (14, 25, 42). In vitro studies have shown that pathogenic hantaviruses induce a very weak type I IFN response in infected cells (1, 13, 26, 30). Based on these reports, we decided to analyze the levels of IFN-\(\alpha\), -\(\beta\), and -\(\lambda\) in serum from patients...
with nephropathia epidemica, a form of HFRS caused by Puumala hantavirus (PUUV) (41). We further studied the pre-and postinfectious effect of IFN-α, -β, -γ, and -λ against hantavirus replication in vitro. We have previously shown that endogenously produced NO inhibits Hantaan hantavirus (HTNV) replication in Vero E6 cells (22), and here we studied whether the NO production in IFN-γ and IL-1β-stimulated cells could be inhibited by an ongoing HTNV infection. The activation of the antiviral state in cells by IFNs involves phosphorylation of signal transducer and activator of transcription-1 (STAT1) upon binding of IFNs to their specific receptors (2, 16, 23, 31), and we therefore also studied whether an established HTNV infection could interfere with STAT1 phosphorylation in cells stimulated with IFNs.

MATERIALS AND METHODS

Patient samples. Serum was collected from PUUV-infected patients hospitalized at the Department of Infectious Disease at Umeå University Hospital in Umeå, Sweden. Samples, obtained from 21 patients with typical clinical symptoms of acute nephropathia epidemica (serologically verified by enzyme-linked immunosorbent assay [ELISA] and/or an immunofluorescence test for PUUV-specific immunoglobulin M [IgM] and IgG) were stored at −70°C until further analyzed. Because 3 of a total of 21 patients were previously found to be positive for human anti-mouse antibodies (21), these patients were excluded from the study to avoid false positive results in the IFN ELISAs.

Acute samples were drawn at the time of hospitalization. The patients arrived at the hospital 2 to 12 days after the initial onset of fever. Convalescent-phase serum was drawn 3 months after recovery from the disease from 14 of the patients, 2 months after recovery from 1 patient, 1 month after recovery for 2 patients, and 10 days after recovery from 1 patient.

This project was approved by the Research Ethics Committee of Umeå University.

Cells and viruses. The human lung epithelial cell line A549 (American Type Culture Collection [ATCC] CCL-185; ATCC, Manassas, VA) and the African green monkey kidney epithelial cell line Vero E6 (Vero C1008; ATCC) were used for the in vitro studies. The cells were grown in minimal essential medium supplemented with 5% fetal calf serum, 100 U of penicillin/ml, and 100 µg of streptomycin/ml.

HTNV strain 76-118 was used in the present study. Propagation and titration of HTNV was performed on Vero E6 cells as previously described (22).

All experiments and assays were performed in a biosafety level 3 facility.

ELISAs for the detection of IFNs. Commercial ELISAs (Mabtech [ Nacka, Sweden] for IFN-α, Fujirebio [Tokyo, Japan] for IFN-β, and R&D Systems [Minneapolis, MN] for IFN-λ) were used to analyze the amounts of different IFNs in serum.

Tests of antiviral effects of IFNs. Recombinant human IFN-α, -β, -γ, -λ1, and -λ2 were purchased from Peprotech (London, England).

To test whether pretreatment with IFN-α had antiviral effects against HTNV, A549 cells were treated with IFN-α, -β, -γ, -λ1, or -λ2 at different concentrations for 24 h before infection. One hour after infection with HTNV, fresh medium with IFNs was added to the cells, and 24 h later the supernatants were titrated for the concentration of produced virus as previously described (22).

To test for synergistic effects, A549 cells were treated with IFNs alone or with different combinations of IFNs for 24 h before infection. Cells were stimulated with 10 ng of each IFN/ml. At 1 h after infection with HTNV fresh medium with IFNs was added to the cells, and 29 h later the supernatants were titrated for the concentration of produced virus.

To test whether an already-established infection was sensitive to IFN treatment, A549 cells were infected with HTNV, and 24 h later cells were stimulated with 10 ng of IFN-α, -β, -γ, -λ1, or -λ2/ml. At 24 h after initial treatment, fresh medium with IFNs was added to infected cells, and supernatants were sampled and titrated for the amount of replicating virus at 10, 24, and 48 h after initial stimulation.

Medium without IFN was used as a control in these experiments.

Cytokine induced NO production. IFN-γ, together with IL-1β, induces production of iNOS and subsequent NO production in Vero E6 cells (22). Confluent, 2-week-old Vero E6 cells were infected with HTNV and 30 h later stimulated with 10 ng of IL-1β (Peprotech)/ml and 20 ng of IFN-γ/ml. At 24 h after induction, the supernatants were collected, and the amount of nitrite determined by a Griess assay.

Griess assay. NO rapidly reacts with oxygen to form nitrite and nitrate, its two stable end products (36). The production of NO was measured indirectly in cell culture supernatants by determination of the level of nitrite using the Griess assay. Supernatant samples, and sodium nitrate as a standard, were mixed with equal volumes of Griess reagents (1% sulfanilamide and 0.1% naphthylethenediamine in 5% phosphoric acid), and the optical density at 540 nm was measured by spectrophotometry. The nitrite standard was diluted in the same medium as used for the samples.

LDH assay. A lactate dehydrogenase (LDH) assay (CytoTox 96 Non-Radioactive Cytotoxicity Assay; Promega, Madison, WI) was used to measure cytotoxicity according to the manufacturer’s protocol.

Detection of STAT1 phosphorylation by immunofluorescence. Cells were grown on coverslips and infected. At 30 h after infection, cells were treated with IFN, followed by fixation and/or permeabilization in ice-cold methanol-acetone (1:1) and blocking in phosphate-buffered saline containing 10% horse serum, 1% bovine serum albumin, and 0.02% NaN3. To permeabilize the nuclei, cells were incubated in 0.5% Nonidet P-40 (Sigma). After a rinse in TBS, coverslips were incubated with antiphosphorylated ( Tyr-701) STAT1 rabbit polyclonal antibody (Cell Signaling Technology, Beverly, MA) and convalescent human anti-PUUV antibodies. Nuclei were stained using Hoechst 33258 (Sigma).

RESULTS

The level of IFN-λ in serum is decreased in PUUV-infected patients. We analyzed the levels of IFN-α, -β, and -λ in serum from 18 PUUV-infected patients drawn during the acute phase (first day of hospitalization) and the convalescent phase of infection.

The levels of serum IFN-α (10.4 ± 12.0 ng/ml during the acute phase and 10.9 ± 12.7 ng/ml during the convalescent phase) and IFN-β (81.3 ± 179.7 IU/ml during the acute phase and 84.9 ± 179.6 IU/ml during the convalescent phase) did not differ significantly between the acute and the convalescent phases (Wilcoxon signed-rank test; P = 0.23 for IFN-α and P = 0.87 for IFN-β). However, the levels of serum IFN-λ (3.6 ± 5.5 ng/ml during the acute phase and 4.2 ± 6.5 ng/ml during the convalescent phase) was significantly lower during the acute phase than during the convalescent phase (P = 0.039 [Wilcoxon signed-rank test]).

Three of the patients were negative for IFN-α, and eight were negative for IFN-β, during the acute as well as the convalescent phase. One patient showed the same level of IFN-α during the acute and the convalescent phase. Five of the patients showed higher levels of IFN-α, five showed higher levels of IFN-β, and three showed higher levels of IFN-λ during the acute phase. Nine showed lower levels of IFN-α, five showed lower levels of IFN-β, and fifteen showed lower levels of IFN-λ during the acute than during the convalescent phase.

The percent IFN during the acute phase compared to the convalescent phase was calculated for all 18 patients. The mean percent IFN values for the individual patients observed during the acute phase compared to the convalescent phase were 97.9% ± 28.4% for IFN-α, 101.7% ± 30.2% for IFN-β, and 90.9% ± 25.3% for IFN-λ (Fig. 1), showing that the mean level of IFN-λ was 9.1% lower during the acute than during the convalescent phase (P < 0.05 for IFN-λ and P > 0.05 for IFN-α and IFN-β [chi-square test]).

IFN-λ has antiviral capacity against HTNV. Stimulation of cells in vitro with IFN-α, -β, and -γ, followed by infection with hantaviruses, strongly inhibits hantavirus replication (38). To
test whether the newly recognized type III IFNs also have antiviral capacities against hantaviruses and to be able to compare a possible effect with that of type I and type II IFNs, we incubated A549 cells in the presence of various concentrations of either IFN-α, IFN-β, or IFN-λ1 or -λ2 for 24 h before infection with HTNV.

As expected, a dose-dependent inhibition of HTNV was observed for IFN-α, -β, and -γ (P < 0.001 for IFN-α, IFN-β, and IFN-γ [one-way analysis of variance]) (Fig. 2). Both 10 and 100 ng of IFN-λ/ml decreased the amount of progeny virus, with ca. 75 and 50% for IFN-λ1 and IFN-λ2, respectively, whereas lower levels of IFN-λ had less-pronounced effects, showing that type III IFN inhibits HTNV in a dose-dependent manner and that higher concentrations of IFN-λ than 10 ng/ml do not add to the antiviral effect (P < 0.001 for IFN-λ1, P = 0.102 for IFN-λ2 [one-way analysis of variance]) (Fig. 2).

Additive effect of IFN-λ and IFN-γ against HTNV. To test whether IFN-λ could enhance the antiviral effects of other IFNs, cells were pretreated with different IFNs alone and in combination before infection with HTNV.

An additive effect was observed when IFN-λ1 was combined with IFN-γ (Fig. 3). We did not observe a clear effect of IFN-λ1 on the antiviral effect of IFN-α or -β (Fig. 3), suggesting that IFN-λ does not enhance the antiviral effect of type I IFNs. Similar results were observed for IFN-λ2.

Established HTNV infection is insensitive to IFN treatment. To test whether IFN-α, -β, -γ, and -λ had an antiviral effect against an established hantavirus infection, we infected A549 cells for 24 h with HTNV and then started treatment with 10 ng of IFN-α, -β, -γ, -λ1, or -λ2/ml. No significant inhibition of HTNV replication, as evidenced by the amount of progeny virus detected in supernatant, was observed for any of the IFN treatments compared to the medium control at 10, 24, or 48 h after the initiation of IFN treatment (P = 0.63, 0.68, and 0.44 for 10 h, 24 h, and 48 h after infection, respectively [Kruskal-Wallis test]) (Fig. 4), showing that established hantavirus infection is insensitive to type I, II, and III IFNs.

HTNV infection inhibits IFN-γ- and IL-1β-induced NO production. To test whether HTNV has an impact on NO production, Vero E6 cells were first infected with HTNV for 30 h and then stimulated with IFN-γ, together with IL-1β. At 24 h later,
the amount of nitrite in the supernatant was measured. Approximately 25% less nitrite was detected in supernatants from infected cells than from noninfected cells, showing that hantavirus can inhibit NO production (t test, \( P < 0.001 \)) (Fig. 5). No cytopathic effect was observed on the infected cells, and no differences in LDH content was observed in supernatants from infected cells compared to controls (data not shown), showing that the decrease in NO production was not due to increased cell death.

**HTNV interferes with the phosphorylation of STAT1 after stimulation with IFN-\( \gamma \).** A549 cells infected with HTNV for 30 h were stimulated with 100 ng of IFN-\( \gamma \)/ml for 30 min, fixed, and stained for STAT1 phosphorylation and hantavirus proteins. We observed less phosphorylated STAT1 in the nuclei of infected cells than in those of noninfected neighboring cells (Fig. 6), suggesting that the decreased level of NO observed in IFN-\( \gamma \)- or IL-1\( \beta \)-stimulated cells is due to decreased signaling via STAT1.

To quantify the amount of cells with phosphorylated STAT1, we infected Vero E6 cells with HTNV. At 30 h after infection the cells were stimulated with 20 ng of IFN-\( \gamma \)/ml for 20 min, fixed, and stained for phosphorylated STAT1, nuclei, and hantavirus proteins. Of the infected cells (\( n = 500 \)), 40.4% were positive for nuclear phosphorylated STAT1, whereas 97.1% of the noninfected cells (\( n = 70 \)) were positive for nuclear phosphorylated STAT1, showing that HTNV infection significantly decreased the level of STAT1 phosphorylation (\( P < 0.001 \) [Fisher exact test]).

**DISCUSSION**

Here we report that (i) the levels of serum IFN-\( \alpha \) and IFN-\( \beta \) are not elevated and the level of serum IFN-\( \lambda \) is decreased in HFRS-patients; (ii) IFN-\( \lambda \) has antiviral capacity against subsequent hantavirus replication; (iii) an established HTNV infection is insensitive to treatment with IFN-\( \alpha \), \( -\beta \), \( -\gamma \), and \( -\lambda \), and IFN-\( \gamma \)-induced NO production is reduced in HTNV-infected cells; and (iv) STAT1 phosphorylation after IFN treatment is inhibited in hantavirus-infected cells.

Whereas IFN-\( \gamma \) is produced by activated T cells and NK cells, the primary producers of IFN-\( \alpha \), \( -\beta \), and \( -\lambda \) are virus-infected cells. We did not observe systemically elevated levels of IFN-\( \alpha \), \( -\beta \), or \( -\lambda \) in PUUV-infected patients, indicating that infected cells in HFRS patients do not produce increased levels of type I or III IFNs. Low levels of circulating type I and III IFNs most probably enhance the spread of hantaviruses early in human hantavirus infection. Interestingly, a correlation between the level of viral RNA in plasma and the severity of disease has been reported for HCPS patients; the higher the viral load the higher the risk for severe disease (43), suggesting that the lack of elevated IFN production in HFRS patients observed here might contribute to disease.

This is the first time any member within the *Bunyaviridae* family has been shown to be sensitive to IFN-\( \lambda \) in vitro. As reported earlier for encephalomyocarditis virus (3), we also observed a stronger antiviral effect against HTNV replication by IFN-\( \lambda 1 \) than by IFN-\( \lambda 2 \). Not much is known regarding the possible synergistic effects of IFN-\( \lambda \) with other IFNs. The finding that IFN-\( \alpha \) has an additive antiviral effect on HTNV replication when combined with IFN-\( \gamma \), but not with IFN-\( \alpha \) or IFN-\( \beta \), is of interest since IFN-\( \gamma \) is known to be elevated in serum during hantavirus infection (26). In line with our results, Ank et al. recently showed that there is no synergistic effect against EMCV or herpes simplex virus type 2 when IFN-\( \alpha \) is combined with IFN-\( \lambda \) in vitro (3). Interestingly, these authors also detected elevated levels of IFN-\( \gamma \) in serum from herpes simplex virus type 2-infected mice pretreated with IFN-\( \lambda \) (3),

**FIG. 5.** Established HTNV infection inhibits IFN-\( \gamma \)- and IL-1\( \beta \)-induced NO production. The concentration of nitrite was measured in supernatants from cells infected with HTNV and stimulated with IFN-\( \gamma \) and IL-1\( \beta \). Vero E6 cells were infected with HTNV for 30 h before stimulation or left uninfected as a control. The data represent means plus the SD of three individual experiments.

**FIG. 6.** Established HTNV infection inhibits IFN-\( \gamma \)-induced STAT1 phosphorylation. A549 cells were infected with HTNV and stimulated 30 h later with 100 ng of IFN-\( \gamma \)/ml for 30 min, fixed, and stained for DNA (A), HTNV (B), phosphorylated STAT1 (C), and merged (D). Infected cells (positive for HTNV antigen) show less nuclear phosphorylated STAT1 than do noninfected cells.
suggesting that the antiviral role of IFN-α might include stimulation of the immune system.

The prime target of hantaviruses are endothelial cells, however, currently it is not known whether endothelial cells are responsive to IFN-α. We therefore used A549 cells to study the effect of IFN-α against HTNV, since this cell line has earlier been shown to elicit an antiviral state upon IFN-α treatment (3).

The activation of the antiviral state in cells by IFN-α and IFN-β involves the phosphorylation of STATs. After the binding of IFN-α/β to the common IFN type I receptor, the Janus kinases JAK-1 and TYK-2 phosphorylate STAT1 and STAT2. Heterodimers of phosphorylated STAT1/STAT2 then recruit IFN regulatory factor 9, forming the IFN-stimulated gene factor 3 complex, which translocates into the nucleus and binds to IFN-stimulated response elements in the promoter region of IFN-stimulated genes encoding antiviral proteins such as MxA, IFN-stimulated response elements in the promoter region of IFN-α/β and IFN-β. We therefore used A549 cells to study the effect of IFN-α against HTNV, since this cell line has earlier been shown to elicit an antiviral state upon IFN-α treatment (3).

In conclusion, we observed significantly decreased levels of IFN-α and IFN-β involves the phosphorylation of STATs. After the binding of IFN-α/β to the common IFN type I receptor, the Janus kinases JAK-1 and TYK-2 phosphorylate STAT1 and STAT2. Heterodimers of phosphorylated STAT1/STAT2 then recruit IFN regulatory factor 9, forming the IFN-stimulated gene factor 3 complex, which translocates into the nucleus and binds to IFN-stimulated response elements in the promoter region of IFN-stimulated genes encoding antiviral proteins such as MxA, IFN-stimulated response elements in the promoter region of IFN-α/β and IFN-β. We therefore used A549 cells to study the effect of IFN-α against HTNV, since this cell line has earlier been shown to elicit an antiviral state upon IFN-α treatment (3).

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IFN-γ in serum during HFRS, and we show here that IFN-α has antiviral effects against hantaviruses. This is, to the best of our knowledge, the first time any form of IFN has been found at decreased levels in circulation during an acute virus infection in humans. The results further show that an established hantavirus infection resists treatment with all antiviral IFNs, thereby preventing IFN-induced clearance of virus from infected cells. We also show that cells infected with hantavirus produce less NO when stimulated with IFN-γ and that STAT1 phosphorylation after IFN-γ treatment is inhibited. Future studies on the mechanisms behind activation, inhibition, and the shaping of innate and adaptive immune responses during hantavirus infection may explain some of the mechanisms behind pathogenesis during HFRS and HCPS.

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