Unprecedented Degree of Human Immunodeficiency Virus Type 1 (HIV-1) Group M Genetic Diversity in the Democratic Republic of Congo Suggests that the HIV-1 Pandemic Originated in Central Africa

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The purpose of this study was to document the genetic diversity of human immunodeficiency virus type 1 (HIV-1) in the Democratic Republic of Congo (DRC; formerly Zaire). A total of 247 HIV-1-positive samples, collected during an epidemiologic survey conducted in 1997 in three regions (Kinshasa [the capital], Bwamanda [in the north], and Mbuyi-Maya [in the south]), were genetically characterized in the env V3-V5 region. All known subtypes were found to cocirculate, and for 6% of the samples the subtype could not be identified. Subtype A is predominant, with prevalences decreasing from north to south (69% in the north, 53% in the capital city, and 46% in the south). Subtype C, D, G, and H prevalences range from 7 to 9%, whereas subtype F, J, K, and CRF01-AE strains represent 2 to 4% of the samples; only one subtype B strain was identified. The highest prevalence (25%) of subtype C was in the south, and CRF01-AE was seen mainly in the north. The high intersubtype variability among the V3-V5 sequences is the most probable reason for the low (45%) efficiency of subtype A-specific PCR and HMA (heteroduplex mobility assay). Eighteen (29%) of 62 samples had discordant subtype designations between env and gag. Sequence analysis of the entire envelope from 13 samples confirmed the high degree of diversity and complexity of HIV-1 strains in the DRC; 9 had a complex recombinant structure in gp160, involving fragments of known and unknown subtypes. Interestingly, the unknown fragments from the different strains did not cluster together. Overall, the high number of HIV-1 subtypes cocirculating, the high intrasubtype diversity, and the high numbers of possible recombinant viruses as well as different unclassified strains are all in agreement with an old and mature epidemic in the DRC, suggesting that this region is the epicenter of HIV-1 group M.

Phylogenetic analysis of many isolates of human immunodeficiency virus type 1 (HIV-1) from Africa and from other regions of the world revealed three major lineages of HIV-1: group M (for main), group N (for non-M/non-O), and group O (for outlier) (7, 35, 53). Within group M, subtypes and circulating recombinant forms (CRFs) have been proposed (5). To be considered a subtype, in phylogenetic analysis the strains should resemble each other, and no other particular lineage, across the entire genome, and CRFs should have similar mosaic genomes with the same intersubtype breakpoints (48). By these criteria, there are nine subtypes of HIV-1 group M: A, B, C, D, F, G, H, J, and K. All known representatives of what were initially described as subtype E appear in fact to be recombinants of subtypes A and E (4, 15) and are now designated CRF01-AE (48). CRF02_AG corresponds to the IbåNg strain from Ibadan, Nigeria, a complex mosaic virus of alternating subtype A and subtype G sequences (6, 20) which is highly prevalent in western Africa (32, 43). CRF03_AB strains are responsible for the explosive HIV outbreak among intravenous drug users in Kaliningrad (27). CRF04_cpx viruses correspond to the previously described env subtype I viruses (19, 25, 36).

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of the first in Africa to endorse a national policy for HIV/AIDS prevention and control, and it committed support to basic research and epidemiological studies through Projet SIDA. Many reference data regarding HIV prevalence, data on behavioral, biological, and demographic factors, as well as reports on preventive interventions were generated until 1991 (30, 38, 39, 49). The country has been relatively peaceful, but mismanagement and corruption have led to a severe social and economic crisis resulting in a deterioration of the socioeconomic situation which accelerated in the early 1990s. In September 1990, there was a political crisis, and the resultant rioting led to a highly disorganized political and social environment, disrupting prevention activities, which resulted in all foreign staff being evacuated. With the withdrawal of foreign funding since 1991, many government facilities are no longer functional and several have been closed. As a result of this breakdown of the health system, aggravated in some areas by the massive exodus of Rwandan (Kivu region) and internal (Kasai region) refugees, new disease outbreaks (e.g., cholera and Ebola virus infection) have been documented.

Against this background, we conducted in 1997 a seroepidemiologic survey; surprisingly, the results showed that HIV prevalence rates had remained relatively unchanged in selected populations over a 10-year period (33).

Several HIV subtypes have been associated with the DRC through patients living in Europe, but only a limited number of selected populations over a 10-year period (33). Genetic subtyping by sequence and phylogenetic tree analysis (i) Sequencing of the envelope V3-V5 region. The genetic subtype in the envelope was determined by direct sequencing of the V3-V5 region of the envelope (700 bp). The samples were amplified with the HMA primers (ED5 and ED12 as outer primers; ES7 and ES8 as inner primers) under the same conditions as described above. The amplified DNA was purified using a QiAquick gel extraction kit (Qiagen). The amplified products were directly sequenced using fluorescent dye terminator technology (dye terminator cycle sequencing with AmpliTaq DNA polymerase FS: Perkin-Elmer, Roissy, France) or Big-Dye chemistry (Perkin-Elmer, Roissy, France) and directly sequenced using Big-Dye chemistry (Perkin-Elmer). Electrophoresis and data collection were done on an Applied Biosystems 373A DNA automatic DNA sequence

(ii) Sequencing of the gag p24 region. A 700-bp fragment corresponding to the p24 region from the gag gene was amplified with previously described primer pairs G00-G01 and G60-G25 (52). The PCR conditions were as follows: an initial denaturation step for 3 min at 92°C, followed by 30 cycles of 92°C for 10 s, 55°C for 30 s, and 72°C for 2 min at 94°C; 10 cycles of 92°C for 10 s, 55°C for 30 s, and 72°C for 4 min; 20 cycles with 20 s increments at the elongation step. PCR fragments were purified with a QiAquick gel extraction kit (Qiagen). Direct sequencing of the envelope was done with env B, env M, and other primers encompassing the envelope.

(iii) Phylogenetic analysis. Nucleotide sequences were aligned using CLUSTAL W (57), with minor manual adjustments as appropriate for the protein sequences. Regions that could not be aligned unambiguously, due to length or sequence variability, were omitted from the analysis. Phylogenetic trees generated by the neighbor-joining method (50) and reliability of the branching orders determined by the bootstrap approach (13) were implemented with CLUSTAL W. Genetic distances were calculated with the Kimura’s two-parameter method (23).

Intersubtype recombinant analysis. To analyze whether the viruses were recombinant in the sequenced regions, several additional analyses were performed. DNA nucleotide sequences, the outer primers (G00-G01 and G60-G25) as determined the percent diversity between selected pairs of sequences by moving a window of 300 bp along the genome alignment in 20-bp
samples identified by HMA were subtypes A (of the remaining 48 samples were undetermined by HMA. The only 40 (45%) could the genetic subtype be identified; subtypes than that used for sequencing. A total of 88 samples, randomly subtype of HIV-1 and requires equipment less sophisticated samples could be detected.

The HMA is an easily used tool for identifying the genetic
subtyping as being subtype A. Among the 82 samples classified as non-A by this method, 33 were classified as A by HMA and/or sequencing and 49 were classified as non-A. The subtype A-specific PCR allowed the rapid identi-

cation of only a quarter of the randomly chosen samples from the DRC; moreover, only 45% (27 of 60) of the subtype A samples could be detected.

The HMA is an easily used tool for identifying the genetic subtype of HIV-1 and requires equipment less sophisticated than that used for sequencing. A total of 88 samples, randomly chosen from our study, were assessed with this technique. For only 40 (45%) could the genetic subtype be identified; subtypes of the remaining 48 samples were undetermined by HMA. The samples identified by HMA were subtypes A (n = 34), D (n = 3), G (n = 1), and H (n = 2). Sequence analysis of the same region in the envelope followed by phylogenetic tree analysis classified the HMA-undetermined samples as follows: 15 A, 1 B, 8 C, 5 D, 3 CRF01-AE, 1 F1, 3 G, 6 H, 1 J, 4 K, and 1 that did not cluster with any of the known subtypes.

The low number of subtype A samples recognized by the subtype A-specific primers and the high number of samples remaining undetermined by HMA suggest a much higher ge-
etic variability among the HIV-1 samples from the DRC than in western or eastern Africa. Due to the low efficiency of these rapid and/or simple subtyping techniques (less than 25% for subtype A-specific PCR and only 45% for HMA), genetic subtyping was continued by direct sequencing of the V3-V5 region of the envelope for the remaining samples. Overall, for

RESULTS

Study population. A total of 247 HIV-1-positive samples, collected during the epidemiologic survey conducted in April 1997 and previously published (33), were genetically charac-
terized. Overall, 142 samples from Kinshasa, the capital city in the west; 60 from Mbuyi-Mayi, Kasai Province, in the south; and 45 samples from Bwamanda, Equateur Province, in the north were studied. HIV-1-positive samples were obtained from 84 tuberculosis patients, 47 from Kinshasa, 26 from Bwa-
manda, and 11 from Mbuyi-Mayi. Samples from 66 patients suspected to have AIDS, 27 from Kinshasa, 21 from Mbuyi-
Mayi, and 18 from Bwamanda, were studied. Samples from pregnant women (n = 34) were obtained mainly from Kinshasa (n = 13) and Mbuyi-Mayi (n = 20). An additional 63 samples were included from miscellaneous population groups: 20 sexually transmitted disease (STD) patients from Kinshasa, 8 blood donors (6 from Mbuyi-Mayi and 2 from Kinshasa), 25 female sex workers (24 from Kinshasa and 1 from Mbuyi-
Mayi), and 10 asymptomatic adults. The population groups were predominantly young adults aged 20 to 30 years; less than 2% of them had traveled outside the DRC.

Efficiency of rapid and simple tools for genetic subtyping. A total of 109 samples were analyzed at random by a subtype A-specific PCR as previously described. Only 27 samples (24.7%) were reactive in this assay; these were confirmed by HMA and/or sequencing. A total of 88 samples, randomly chosen from our study, were assessed with this technique. For only 40 (45%) could the genetic subtype be identified; subtypes of the remaining 48 samples were undetermined by HMA. The samples identified by HMA were subtypes A (n = 34), D (n = 3), G (n = 1), and H (n = 2). Sequence analysis of the same region in the envelope followed by phylogenetic tree analysis classified the HMA-undetermined samples as follows: 15 A, 1 B, 8 C, 5 D, 3 CRF01-AE, 1 F1, 3 G, 6 H, 1 J, 4 K, and 1 that did not cluster with any of the known subtypes.

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Geographic distribution of HIV-1 env genetic subtypes in the DRC. Figure 1 and Table 1 show the regional distribution of HIV-1 subtypes in the DRC. The genetic heterogeneity in the V3-V5 region from the envelope is remarkable in all three regions. In particular, multiple HIV-1 subtypes are cocirculating, there being at least 6 subtypes in Bwamanda, 7 in Mbuyi-
Mayi, and 10 in Kinshasa. Moreover, the genetic subtype distri-
bution differs between the three regions. Subtype A is predominant in the three cities; the lowest prevalences were observed in Kinshasa (43.7%) and Mbuyi-Mayi (56.7%), and the highest prevalence was seen in Bwamanda (68.9%). One subtype B strain was documented in the north. Subtype C was largely present in the south, representing 25% of the samples tested in Mbuyi-Mayi. Subtype C was absent in the north and represented only 2.2% of the samples in Kinshasa. Subtype D was documented in Kinshasa (19 of 142 [13.4%]) and Mbuyi-
Mayi (4 of 60 [6.6%]). CRF01-AE was seen in the north, representing 3 (6.7%) of the 45 samples tested in that region and in Kinshasa (0.7%). Subtype F was seen in low prevalences in the three regions; 9 of the 10 samples were F1, and only one F2 sample was identified (in Kinshasa). Subtype G represented 10.5% (15 of 142) of the HIV-1 strains in Kinshasa and 3.3% (2 of 60) of those in Mbuyi-Mayi. Subtype H was observed in Kinshasa and Bwamanda, where it represents 9.8% (14 of 142) and 8.8% (4 of 45) of the circulating strains. Subtype J was seen at lower prevalences, 3.5 and 3.3% in Kinshasa and the south, respectively, and prevalences of subtype K were between 1.7 and 4.4%. A total of 15 (6%) strains did not cluster with any of the known subtypes, and the majority of them represented unique lineages; 11 were from Kinshasa, 3 were from Bwa-
manda, and 1 was from Mbuyi-Mayi. None of the strains from our study clustered with the subtype I fragment in the V3-V5 region of the CRF04_cpx viruses.

The predominant population groups tested were tuberculosis-
isis and AIDS patients, and in some regions they represented the majority of the samples tested. The difference in subtype distribution according to geographic region is confirmed if tuberculosis and AIDS patients from each region are com-
pared to each other, especially for subtype A. Overall, 42.3% of the 85 tuberculosis patients were infected with subtype A, which is lower than the overall subtype A prevalence of 51.4%. But despite the low sample numbers, the prevalence of subtype A was higher in Bwamanda (17 of 26 [65.4%]) than in Kinshasa (16 of 47 [34%]) and Mbuyi-Mayi (3 of 12 [25%]). Six of 12 tuberculosis patients in Mbuyi-Mayi were infected with subtype C, versus only 1 of 47 in Kinshasa. Of the 64 AIDS patients tested, 56.2% were infected with subtype A, which is slightly higher than the overall prevalence of subtype A when all population groups are taken together. Again, the difference in geographic distribution of subtype A was confirmed, with 13 of 18 (72%) in Bwamanda, 12 of 20 (60%) in Mbuyi-Mayi, and 11 of 27 (40.7%) in Kinshasa. As found for the tuberculosis patients, subtype C AIDS patients were seen only in Mbuyi-
Mayi, and subtype E was found only in the north.

Phylogenetic and distance analysis of the HIV-1 group M sequences in the envelope. Figure 2 shows the phylogenetic tree of envelope sequences covering the V3-V5 region for the sequences obtained from Kinshasa (Fig. 2a) and from the two other cities (Bwamanda and Mbuyi-Maya) in the DRC (Fig. 2b). The phylogenetic analysis shows a very high degree of divergence within each subtype. To measure the intrasubtype distances in the V3-V5 region among strains circulating in the DRC, we calculated the distances based on a phylogenetic tree
which included all the V3-V5 sequences from the three regions studied. Pairwise nucleotide sequence distances were estimated using the Kimura two-parameter model. The reference strains used in this analysis were from strains representing each known subtype, and when possible for each subtype representatives obtained from different geographic locales were chosen: subtype A references were from Kenya (A-KE.Q2317), Uganda (A-UG.92UG307) and Somalia (A-SE.SOSE7253); subtype B strains were from the United States (US.JRFL, US.RF, US.WEAU160) and France (B-FR.HXB2R); subtype C strains were from Ethiopia (C-ET.ET2220), Brazil (C-BR.92BR025), India (C.IN.21068), and Botswana (C-BW.96BW0502); subtype D strains were from the DRC (D-ZR.NDK, D-ZR.ELI, and D-ZR.84ZR085) and Uganda (D-UG.94UG114); F1 viruses were from Brazil (F1-BR.93BRO20, F1-BR.BZ163, and F1-BR.BZ126), a Belgian infected in the DRC (F1-BE.V1850), and from Finland (F1-FL.FIN6393); F2 references were available only from Cameroon (F2-CM95MP255 and F2-CM95MP257); subtype G isolates were from a Finnish patient infected in Kenya (G-FI.HH8793), a Swedish patient infected in the DRC (G-SE.SE5165), and from DRC (G-BE.DRCBL); subtype H was from Belgian patients infected in Central Africa (H-BE.VI991 and H-BE.V1997) and the Central African Republic (H-CF.90CF056); subtype J samples were from Africans living in Sweden (J-SE.SE91773 and J-SE.SE92809); subtype K samples were from Cameroon (K-CM99-MP535) and the DRC (K-ZR97-EQTB11); and env subtype E or CRF01_AE viruses were from Thailand (AE-TH.TN235, AE-TH.93TH253, and AE-TH.7CM240) and the Central African Republic (AE-CF.90CF402).

Figure 3 summarizes the mean intra- and intersubtype distances. The genetic distances observed among the DRC strains were relatively high and were in general higher than the distances observed between reference strains from different geographic locales. For example, the mean intrasubtype distances observed among subtype A, C, F, and AE reference strains were much lower than among the DRC strains from each of these subtypes: 9.1% versus 16.6% for subtype A, 11.7% versus 15.9% for subtype C, 8.8% versus 12.8% for subtype F1, and 8.6% versus 16.8% for CRF01_AE strains. The reference strains used for subtypes A, C, F1, and AE reference strains were all from different geographic locales. Phylogenetic analysis suggests also that different subclusters can be defined within subtype A, although due to the short sequence fragment examined, these tentative subclusters are not always supported by high bootstrap values. Four strains formed a distinct subclus-

<table>
<thead>
<tr>
<th>Subtype</th>
<th>Kinshasa (n = 142)</th>
<th>Bwamanda (n = 45)</th>
<th>Mbuyi-Mayi (n = 60)</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>62 (43.7)</td>
<td>31 (68.9)</td>
<td>34 (56.7)</td>
<td>127 (51.4)</td>
</tr>
<tr>
<td>B</td>
<td>1 (0.7)</td>
<td>1 (0.4)</td>
<td>1 (0.4)</td>
<td>1 (0.4)</td>
</tr>
<tr>
<td>C</td>
<td>3 (2.2)</td>
<td>15 (25.0)</td>
<td>18 (7.3)</td>
<td>18 (7.3)</td>
</tr>
<tr>
<td>D</td>
<td>19 (13.4)</td>
<td>4 (6.6)</td>
<td>23 (9.3)</td>
<td>10 (4.1)</td>
</tr>
<tr>
<td>E</td>
<td>1 (0.7)</td>
<td>1 (0.7)</td>
<td>1 (0.7)</td>
<td>1 (0.7)</td>
</tr>
<tr>
<td>F</td>
<td>8 (5.6)</td>
<td>1 (2.2)</td>
<td>1 (1.7)</td>
<td>10 (4.1)</td>
</tr>
<tr>
<td>G</td>
<td>15 (10.5)</td>
<td>2 (3.3)</td>
<td>17 (6.9)</td>
<td>17 (6.9)</td>
</tr>
<tr>
<td>H</td>
<td>14 (9.8)</td>
<td>4 (8.9)</td>
<td>18 (7.5)</td>
<td>18 (7.5)</td>
</tr>
<tr>
<td>J</td>
<td>1 (0.7)</td>
<td>1 (2.2)</td>
<td>1 (1.7)</td>
<td>1 (0.7)</td>
</tr>
<tr>
<td>K</td>
<td>4 (2.8)</td>
<td>2 (3.3)</td>
<td>8 (3.2)</td>
<td>8 (0.3)</td>
</tr>
<tr>
<td>?</td>
<td>11 (7.7)</td>
<td>3 (6.6)</td>
<td>1 (1.7)</td>
<td>15 (6.0)</td>
</tr>
</tbody>
</table>
ter, supported by 98% of the bootstrap values with the previously described AC-ZAM184 strain from Zambia, which was classified as subtype A in the studied region (51). Another cluster, supported by 95% of the bootstraps, is formed by three DRC strains from our study, KCC2, KCC3, and KTB13. The known nonrecombinant subtype A reference strains together with the CRF02_AG (IbNg) viruses and some DRC strains form a subcluster, and a fourth subcluster of exclusively DRC subtype A strains is also present. These latter subclusters were not supported by high bootstrap values.

Genetic subtypes in \textit{gag} (p24) and \textit{env} (V3-V5).

To determine the proportion of recombinant viruses that circulate in the DRC, 62 samples (24 \textit{env} A, 2 \textit{env} C, 3 \textit{env} D, 2 \textit{env} CRF01_AE, 4 \textit{env} F1, 1 \textit{env} F2, 3 \textit{env} G, 2 \textit{env} H, 4 \textit{env} J, 4 \textit{env} K, and 13 unclassified) were also sequenced in the p24 region from the \textit{gag} gene. Overall, 18 (29%) of the 60 samples, including 2 CRF01_AE strains, had discordant subtype designations between \textit{gag} and \textit{env}. Among the remaining 16 discordant samples, 11 different profiles were seen: one G/A, two ?/D, one D/F1, one G/F2, one G/H, one A/J, one D/J, two ?/?K, three G/?, one A/?, and one K/?. For \textit{gag} and \textit{env} subtypes, respectively. Seven samples which could not be classified in \textit{env} did not cluster with any of the known subtypes in \textit{gag} either. More importantly, the majority of these unclassified samples did not cluster together. Almost all of the circulating subtypes are involved in recombination events.

Figure 4 shows the phylogenetic tree of the \textit{gag} sequences covering the p24 region. As found for the \textit{env} sequences, phylogenetic analysis of the \textit{gag} sequences shows a very high diversity within each subtype, and we can also distinguish different subclusters within subtype A. As observed in the \textit{env} tree, we see in \textit{gag} a separate subcluster with the AC-ZAM184 strain, which is classified as A in \textit{gag}, and we can also identify subclusters of the nonrecombinant subtype A viruses, the CRF02_AG (IbNg) viruses, and a separate group of DRC \textit{gag} sequences. As for the partial \textit{env} subtype A sequences, the identification of subclusters is not always supported by high bootstrap values.

Genetic characterization of the entire envelope. The entire envelope was sequenced for 13 samples. For seven of them (three J, two A, one D, and one F1) the subtype was identified in the V3-V5 region; for six the genetic subtype could not be identified in this region of the envelope. The phylogenetic tree analysis of the gp160 sequences is shown in Fig. 5a. The genetic subtype could be clearly identified in the entire envelope for only 5 of the 13 samples: the 3 subtype J viruses, 1 subtype D, and 1 subtype G. The eight other viruses either did not cluster with any of the known subtypes or were only distantly related to them, suggesting an intersubtype recombinant structure in gp160. Figure 5b shows structures of the different sequences after complementary analysis using the diversity plots, bootscanning, and confirmation of the results by phylogenetic trees. The three samples (MBTB 4, MBS 41, and KTB 147) identified as subtype J in the V3-V5 region were also classified as subtype J in the gp160 and appeared to be nonrecombinant after diversity and bootstrap analysis. The EQS18 strain, which was easily classified as subtype A in the V3-V5 region, did not cluster with any of the known subtypes when phylogenetic tree analysis was performed on the entire envelope sequence; more detailed analysis revealed a complex mosaic structure involving subtypes A, G, and J, and for some \textit{env} regions the virus clustered...
always between subtypes G and J, and no clear subtype designation could be made. The KCC2 sample was a divergent subtype A virus in the V3-V5 region; the entire envelope sequence was predominantly subtype A, but a 400-bp fragment in the middle of the envelope did not cluster with any of the known subtypes. The sample identified as subtype D in V3-V5, KCD 4, was confirmed to be a nonrecombinant subtype D in the entire envelope. The EQS16 strain, classified as a divergent F1 virus based on V3-V5 sequences, appeared to be a complex recombinant involving subtypes F1 and K and unknown subtypes. The divergent KTB 22 sample appeared to be almost entirely a nonrecombinant subtype G virus, but for a small fragment in the envelope the subtype could not be identified since it was difficult to discriminate between G and J in that region. For the five other samples that could not be classified based on partial or entire envelope sequences, KFE 267 and MBFE 250 did not cluster with any of the known subtypes in the majority of the entire envelope gene, but they formed a separate and well-supported cluster in these unknown regions. KMST 91 was a recombinant involving divergent subtype A fragments and unknown fragments, KMST 120 was a recombinant with subtype J and predominantly unknown fragments, and for KTB 54 none of the envelope gene could be classified except for the final fragment, which was subtype G. Interestingly, except for regions between the KFE 267 and MBFE 250 sequences, the unknown fragments did not cluster together.

**DISCUSSION**

The major goal of this study was to determine the prevalence and the geographic distribution of the genetic subtypes of HIV-1 in selected populations in the DRC. A very high genetic diversity was seen with all known subtypes found to be cocirculating. Regional differences were seen in subtype distribution, but in each region at least 6 to 10 different clades cocirculated. Overall, subtype A is predominant, with decreasing prevalence from north to south: 69% in Equateur Province, 53% in the capital city, and 46% in the south. Prevalences of subtypes C, D, G, and H range between 7 and 9%, whereas...
FIG. 5. (a) Unrooted phylogenetic tree based on 2,278 unambiguously aligned nucleotides from the entire gp160 gene from 13 new HIV-1 isolates and reference strains representing different genetic subtypes. Analysis was performed as described in Materials and Methods; the reference strains used in the phylogenetic tree analysis were A-KE.Q2317, A-SE.SOSE7253, A-92UG037, CRF02-AG-IBNG, CRF02-AG-D263, CRF02-AG-D264, B-WEAU160, B-JRFL, B-HBX2, C-ETH2220, C-IN.21088, C-BW.96BW0502, D-NDK, D-ZR.84ZR085, D-94UG114, CRF01-AE-90CR402, CRF01-AE-93TH253, CRF01-AE-CM240, F1-93BR020, F1-BE.V1850, F1-FL.FIN6393, F2-95CMMP255, F2-95CMMP257, G-BE.DRCBL, G-HB8793, G-SE6165, H-90CF056, H-BE.VI991, H-BE.VI997, J-SE.SE91733, J-SE.SE92809, K-96CMMP535, and K-97ZREQTB11. (b) Putative recombination breakpoints within the gp160 gene were localized based on DIVERT and bootscan analysis (see Materials and Methods) using the reference strains listed above. The results were confirmed by phylogenetic tree analysis with 1,000 bootstrap replicates. Subtypes were designated when the bootstrap values were above 800, divergent subtypes were designated when bootstrap values were between 650 and 800, and fragments were identified as unclassified when they did not cluster at all with any of the known subtypes.
The highest prevalences of subtype C were seen in Mbuji-Mayi, Kasai Province, well known for its diamond mines. Strikingly, subtype C is predominant in all southern African countries and also in Zambia, which borders the DRC on the south (18). In our study the highest prevalences of CRF01_AE were seen in the north, which is concordant with previous studies reporting CRF01_AE in the Central African Republic (34), which borders the DRC on the north. Despite the predominance of subtype A, the overall prevalence of 51.4% is generally lower than in the surrounding countries. Only in the north are subtype A prevalences documented for the Central African Republic comparable to those observed in northern Equateur Province, where comparable subtypes also cocirculate (34). In countries bordering on the east, subtype A prevalences range from 37% in Tanzania to 57% in Uganda and 70% in Kenya (37, 46, 47). But the important difference is that in these latter countries only three subtypes cocirculate: mainly A and D in Uganda and Kenya; and equal proportions of A, C, and D in Tanzania. As previously mentioned, in the southern African countries the predominant strains responsible for the AIDS epidemic belong to subtype C, representing more than 90% of HIV-1 infections (18, 61). No data are available for Angola, and only sporadic strains of HIV-1 from Congo-Brazzaville have been genetically characterized. But in other west central African countries, known for the presence of many HIV variants, the subtype A prevalences are significantly higher, 70 to 80% in Cameroon and Gabon (32, 56). We recently documented that in west and west central Africa, the majority of the env and gag subtype A viruses are in fact CRF02_AG (IbNg)-like viruses, which is apparently not the case in the DRC, where only a minority of the env or gag subtype A viruses cluster with the IbNg strain (32).

In addition to the high numbers of subtypes that cocirculate, the intrasubtype variability is relatively high among the V3-V5 sequences. This was also observed by Mokili and coworkers, who genetically characterized HIV-1-positive samples from Kimpese (western part of the DRC, 225 km away from Kinshasa) in the gag p17 region (31). The env distances within subtypes are greater in the DRC than those observed in a similar study conducted by our group in Nigeria; for subtype A, mean intrasubtype distances are 16.6% in the DRC and 10.6% in Nigeria. Similarly, subtype G intrasubtype distances were 14.5% in the DRC and 8.3% in Nigeria (43). The history of the AIDS epidemic is different for the two countries; rapidly increasing seroprevalences over time in Nigeria, versus stable rates in Kinshasa (33). The low and stable HIV prevalence cannot be attributed to any preventive activities, because the health care system and health education programs have declined rapidly since the early 1990s due to decrease in funding and the withdrawal of international cooperation. Importantly, our survey was performed in 1997, before the outbreak of the civil war and thus before the arrival in the DRC of military troops from at least 10 different African countries. It will be important to study the impact of these events on HIV prevalences and on the genetic subtype distribution in the DRC.

Overall, the high number of HIV-1 subtypes cocirculating, the high intrasubtype diversity, and the high numbers of possible recombinant viruses as well as different unclassified strains observed in our study are all consistent with an old and
mature epidemic in Central Africa, more particularly in the DRC, suggesting that this region is the epicenter for HIV-1 group M viruses. Recently computer analysis of various HIV-1 isolates dated the origin of HIV-1 group M viruses to between 1914 and 1941 (24). Together, these virological and epidemiological data suggest that the iatrogenic introduction of HIV into humans through STIVcpz contamination of oral polio vaccines is unlikely (19). The HIV-1 group M subtypes were established before the vaccination programs, which would imply at least as many introductions by oral polio vaccines as there are different group M subtypes.

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