Impaired Gamma Interferon Responses against Parvovirus B19 by Recently Infected Children

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Parvovirus B19 is the causative agent of “fifth disease” of childhood. It has been implicated in a variety of conditions, including unsuccessful pregnancy and rheumatoid arthritis, and is a potential contaminant of blood products. There has been little study of immunity to parvovirus B19, and the exact nature of the protective humoral and cell-mediated immune response is unclear. Immune responses to purified virus capsid proteins, VP1 and VP2, were examined from a cohort of recently infected children and compared with responses from long-term convalescent volunteers. The results demonstrate that antibody reactivity is primarily maintained against conformational epitopes in VP1 and VP2. The unique region of VP1 appears to be a major target for cell-mediated immune responses, particularly in recently infected individuals. We confirm that antibody reactivity against linear epitopes of VP2 is lost shortly after infection but find no evidence of the proposed phenotypic switch in either the subclass of parvovirus B19-specific antibody or the pattern of cytokine production by antigen-specific T cells. The dominant subclass of specific antibody detected from both children and adults was immunoglobulin G1. No evidence was found for interleukin 4 (IL-4) or IL-5 production by isolated lymphocytes from children or adults. In contrast, lymphocytes from convalescent adults produced a typical type 1 response associated with high levels of IL-2 and gamma interferon (IFN-γ). However, we observed a significant (P < 0.001) deficit in the production of IFN-γ in response to VP1 or VP2 from lymphocytes isolated from children. Taken together, these results imply that future parvovirus B19 vaccines designed for children will require the use of conformationally preserved capsid proteins incorporating Th1 driving adjuvants. Furthermore, these data suggest novel mechanisms whereby parvovirus B19 infection may contribute to rheumatoid arthritis and unsuccessful pregnancy.

Human parvovirus B19 (B19V) causes the common childhood illness known as “fifth disease” or erythema infectiosum. While the symptoms are generally mild, there are a variety of conditions under which infection has more severe outcomes. In the immunocompromised or patients with underlying hemolytic disorders, such as sickle-cell disease and hereditary spherocytosis, infection with B19V can result in a acute aplastic crisis or in chronic anemia (39, 53). During pregnancy, the virus can be transmitted transplacentally from an infected mother to the fetus and can cause spontaneous abortion or fetal anemia (9). Direct infection of the fetus can result in nonimmune hydrops fetalis. B19V has also been linked to arthritis in adults and children (41). It has been estimated that 60% of women with symptomatic disease manifest arthropathy (53). The symptoms generally subside within 3 weeks, but about 20% of affected women suffer a persistent or recurring arthropathy. At present there is no effective vaccine available either for women of child-bearing age or for the general population.

B19V is a small, nonenveloped, single-stranded DNA virus classified as an erythrovirus. The virus replicates in human erythroid progenitor cells of the bone marrow and blood, inhibiting erythropoiesis (54). Infection with B19V is common, and upwards of 60 to 70% of the population is seropositive by adulthood (8). Transmission most commonly occurs by personal contact via aerosol or respiratory secretions; however, contaminated blood products may also be a source of iatrogenic transmission.

The B19V capsid consists of an 83-kDa minor structural protein, VP1, and a 53-kDa major structural protein, VP2. VP2 makes up about 95% of the total capsid, with VP1 making up the remainder (38). The sequences of the two proteins are colinear, with VP2 being identical to the carboxyl terminus of VP1; however, VP1 contains an additional 227 amino acids unique to the amino-terminal end. Although little is known about the protective immune response against B19V in humans, specific antiviral antibody is considered the major mechanism of protection. This is based on the circumstantial evidence that high-dose immunoglobulin therapy is sometimes beneficial for infected patients (23, 43). This treatment does not work in all cases, and no data is available on the actual protective level of B19V immunoglobulin G (IgG), although levels greater than 6 IU are thought to be protective (44). It has been previously shown that a time-dependent change in antibody response occurs against viral capsid proteins by an unknown mechanism (47). It is characterized by a loss of antibody specificity against linear viral epitopes of VP1 and VP2 and also by a proposed antibody subclass switch from IgG3 to IgG4. It has been speculated that this switch is caused by an underlying alteration in the type of CD4+ T-cell response; however, there has been very little examination of this response in humans (16, 51). It is accepted that in response to antigen, T helper (Th) cells secrete cytokines, which are involved in regulatory functions or can mediate direct activity against invading viruses. The current paradigm is that Th cells can be subdivided into at least three populations according to the pattern of cytokines secreted on...
activation. Th1 cells secrete interleukin 2 (IL-2), gamma interferon (IFN-\gamma), and tumor necrosis factor beta, Th2 cells secrete IL-4 and IL-5 (34), and the recently described regulatory subset (Tr1) produces IL-10 (1, 13, 34, 40). The Th cell subset classification also correlates with a functional dichotomy. Th1 cells are the principal effectors of proinflammatory reactions, delayed-type hypersensitivity, and cell-mediated immunity against intracellular pathogens. The main Th1 cytokine, IFN-\gamma, enhances the differentiation of CD8+ T lymphocytes into activated cytotoxic T lymphocytes, activates macrophages to phago-cytose and destroy viral and microbial pathogens, and has a direct antiviral effect (30, 49). The precise natures of the protective humoral and cell-mediated responses to B19V are unknown, but such understanding is central to the rational design of a protective vaccine and will also influence the choice of a vaccine delivery vehicle.

In the present study, we provide the first systematic examination of the humoral and cell-mediated immune responses from cohorts of recently infected children and from seropositive and seronegative adult volunteers. This study provides the first characterization of the patterns of antigen-specific cytokine induction in this infection and correlates these responses with an analysis of the subclass of antigen-specific antibody induced in children and adults. The data challenge the existence of a Th1-to-Th2 phenotypic switch following B19V infection but demonstrate a deficient IFN-\gamma response to the virus in recently infected children.

MATERIALS AND METHODS

Patients. Heparinized blood samples (n = 19) were obtained 3 months after a confirmed outbreak of B19V infection at a national school from children between ages 7 and 11 who had displayed symptoms of fifth disease. These samples were labelled A1 to A19. Blood samples were also taken from a panel of healthy children ages 7 and 11 who had displayed symptoms of fifth disease. These samples confirmed outbreak of B19V infection at a national school from children but demonstrate a deficient IFN-\gamma response to the virus and will also influence the choice of a vaccine delivery vehicle.

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Antigens. B19V recombinant VP1 and VP2 proteins were expressed in the baculovirus expression system using Spodoptera frugiperda (S9) insect cells. VP1 was prepared by detergent lysis of recombinant cells, removal of soluble protein by centrifugation, and solubilization by 6 M guanidine chloride. VP2 was purified by lysing recombinant cells and precipitating the protein with ammonium sulphate using a modification of previously described methods (12). Purity was assessed by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and Western blot analysis. Both preparations were dialyzed into 50 mM carbonate buffer, pH 9.6, and the pH was neutralized before use in T-cell proliferation and cytokine production assays. For determinations of IgG reactivity by enzyme immunoassay (EIA) against nonconformational or linear epitopes, VP1 and VP2 preparations were linearized with 5 mM dithiothreitol-0.1% (wt/vol) sodium dodecyl sulfate prior to microplate coating. Antibodies against conformational epitopes of VP1 and VP2 were lost during convalescence. If correct, these findings have serious implications for peptide-based vaccines. In the present study, we examined this phenomenon using individual samples in well-characterized, standardized assay systems. A strong antibody response against B19V was observed in 16 of 19 specimens taken from children within either 3 months of infection or 3 months of presentation with symptoms of infection (Fig. 1A). The humoral response against B19V in this cohort of recently infected children is dominated by the presence of antibodies directed against conformational epitopes on VP1 and VP2 and against linear epitopes present on the unique region of VP1. Specifically, all 16 seropositive children exhibited intense immunoreactivity against epitopes on conformationally intact VP1-N and linearized VP1-D (mean I.V. = 7.14 ± 2.6) (Fig. 1C). Samples from these children also displayed >100 IU of B19V IgG/ml directed against VP2-N (Fig. 1E). The observed reactivity against VP2-D (mean I.V. = 1.67 ± 0.7) (Fig. 1G) confirms both the poor immunogenicity of linear epitopes present in VP2 and that the observed immunoreactivity with VP1-D is indeed directed against the 227-amino-acid VP1 unique region. No viral DNA was found in any specimen tested (data not shown), and all children made a full recovery from B19V infection.

The antibody response against B19V capsid antigens was also determined from a panel of either seronegative (n = 8) or long-term convalescent, seropositive (n = 18) volunteer donors. There is a persistence of antibody reactivity directed against conformational epitopes on VP1-N and VP2-N (mean amount of B19V IgG = 91.8 ± 63 IU/ml) (Fig. 1B and F). However, the data also illustrate a significant loss of immunoreactivity against VP1-D (mean I.V. = 1.73 ± 2.36) (Fig. 1D) compared to that for recently infected individuals (P = 0.001).
Indeed, 11 of 18 (61%) exhibited no immunoreactivity against linear epitopes on the VP1-unique region even in the presence of significant reactivity against VP1-N and VP2-N. The expected minimal immunoreactivity against VP2-D was observed (Fig. 1H) (mean I.V. = 1.2 ± 1.7). This value was not significantly different from values for the antibody response against VP2-D in recently infected children (P = 0.306). Thus, the antibody response generated by infection against linear or nonconformational epitopes of B19V does not persist with time. The humoral response against B19V is dominated by IgG1. The subclasses of B19V-specific antibody from recently infected children or convalescent adults were measured to examine the possibility of an IgG subclass switch in the response against this virus with time. In the group of 16 B19V IgG-positive samples from recently infected children (Fig. 2A), the specific response against VP1-D was dominated by IgG1 (mean I.V. = 23.5 ± 8.7). The observed levels of IgG2, IgG3, and IgG4 were 1.37 ± 0.5, 1.3 ± 0.37, and 1.2 ± 0.29, respectively. No significant difference was observed between the IgG3 and IgG4 subclass reactivities in this group. Little reactivity of any antibody subclass was detected against VP1-D in plasma from convalescent volunteers (Fig. 2B), confirming the loss of antibody reactivity against nonconformational epitopes that was previously observed (Fig. 1B). Only three samples (B3, B4, and B6) showed any reactivity to the denatured capsid antigen, and these corresponded to patients with the strongest total B19V IgG response against VP1-D.

The subclass profile of the antibody response directed against VP2-N was also examined for recently infected children and convalescent adults. In both groups, IgG1 dominated the subclass profile (Fig. 3). Recently infected children showed a strong IgG2 response (3.5 ± 2.4), which was not detected in long-term convalescent samples. Children’s samples also displayed significantly greater levels of IgG3 than IgG4 directed against VP2-N (P = 0.001). However, no statistically significant difference was observed between IgG3 and IgG4 subclass reactivities for convalescent individuals (P = 0.1), nor was any evidence found for a subclass switch in reactivity in this group. As with VP1-D, the IgG subclass reactivity against VP2-D was negligible for the majority of specimens tested from either recently infected children or convalescent adults (Fig. 4 and data not shown). Only one sample from a recently infected child, A15 (IgG4 I.V. = 4.9), and two samples from seropositive adults, B4 (IgG3 I.V. = 2.4) and B6 (IgG1 I.V. = 28), showed any reactivity against VP2 in this form (Fig. 4). The presence of detectable IgG4 in specimen A15 not only con-

**FIG. 1.** Total B19V IgG reactivity against VP1 and VP2 in plasma from recently infected children (A, C, E, and G) or previously infected (convalescent) adults (B, D, F, and H). Results shown are the responses against conformationally intact VP1-N (hatched bars) determined by immunofluorescence assay and graded according to the manufacturer's criteria (0, negative; 1, weak positive; 2, intermediate positive; 3 to 4, strong positive) (A and B), against linearized VP1-D (solid bars) determined by EIA and expressed as I.V. (C and D), against conformational VP2-N (open bars) determined by EIA and expressed as international units per milliliter (E and F), and against linearized VP2-D (horizontal bars) determined by EIA and expressed as I.V. (G and H).
firms the functionality of the IgG4 immunoassay but cautions against the use of pooled serum samples for interpreting the IgG subclass responses from different cohorts of patients.

**VP1 is a major antigenic target for T cells from recently infected children.** There has been little study of the T-cell response induced by B19V infection in humans. Although all children included in the present study had displayed clinical symptoms of infection, three of the samples showed no proliferative T-cell response against VP1 and little or no response to VP2 (Fig. 5). These three samples were also negative for IgG and IgM against the capsid proteins VP1 and VP2 (Fig. 1A and data not shown). The remaining children tested all showed a specific proliferative T-cell response against VP1, and T cells in samples from most children also recognized VP2 (Fig. 5 and data not shown). Since CD4+ T cells recognize short linear peptide sequences and since VP1 and VP2 are colinear, this suggests that the T-cell response is targeted against at least one site in the unique region of VP1 corresponding to the 227 amino acids of the unique region of VP1. However, further T-cell epitopes exist outside this region. This is suggested by the observed proliferative responses to VP2 by lymphocytes from seropositive children and adults (Fig. 5 and data not shown).

**Children fail to mount an IFN-γ response against B19V.** A switch in the profile of cytokine production by B19V-specific T cells has been suggested to explain some of the features of B19V infection in humans. To examine this hypothesis, the production of the type 1 cytokines IFN-γ and IL-2 or the type 2 cytokines IL-4 and IL-5 was examined. Lymphocytes isolated from recently infected children or from adults seropositive for B19V did not secrete IL-4 or IL-5 following antigen stimulation (Fig. 6 and data not shown). This strongly suggests that there is no switch to a Th2 pattern of cytokine expression during convalescence from B19V infection. In fact, seropositive adults displayed a potent Th1 response, with high levels of IFN-γ (Table 1) and IL-2 (mean ± the standard error (SE) = 0.25 ± 0.1 U/ml for VP1 stimulation; 0.43 ± 0.01 U/ml for VP2 stimulation). Lymphocytes from recently infected children also produced IL-2 following VP1 stimulation (mean ± SE = 0.12 ± 0.05 U/ml) relative to seronegative children (mean ± SE = 0.037 ± 0.005 U/ml) (Fig. 6). In contrast, antigen-specific IFN-γ production could not be detected from T cells of these children when stimulated with either VP1 or VP2, despite strong T-cell proliferative responses (Table 1). This result was significantly different (P < 0.001) from the strong IFN-γ responses seen from lymphocytes isolated from seropositive adults that had been stimulated with either VP1 or VP2. Notably, mitogen-stimulated controls gave detectable levels of IFN-γ, indicating that this was not due to an intrinsic deficit in this population.

**DISCUSSION**

The present study provides the first comprehensive analysis of both humoral and cell-mediated immunity against B19V infection in humans. The data show the necessity of determining IgG reactivity against B19V VP2 to confirm past infection and the extent of antibody loss against B19V VP1 and VP2 linear epitopes and illustrates that the unique sequence of the capsid protein VP1 is a major target of the cell-mediated immune response. Analysis of the pattern of cytokine production following antigen stimulation of lymphocytes from recently infected children and convalescent adults shows no evidence of a Th1-to-Th2 switch; likewise, no alteration in the profile of the antibody subclass was detected. However, our results do show that recently infected children fail to mount an IFN-γ response.
to this virus. This immunological deficit has implications for the pathology of the childhood infection and for the design of future vaccines.

Little is known about the nature of the antibody or cellular response against recent B19V infection in children. Our analysis of B19V serology in the recently infected children demonstrates that levels of capsid-specific VP2 IgG exceed 100 IU/ml within 3 months of infection and that high levels of VP1 IgG reactivity are also attained in this time period. A number of recent reports have shown that these antibody responses against conformational epitopes on VP1 and VP2 persist following B19V infection, whereas humoral responses directed against linear epitopes of both VP1 and VP2 are lost (21, 47). Although we observed a similar phenomenon, our results indicate that 61% of convalescent specimens may lack antibodies directed against linear epitopes on the VP1-unique region. This finding not only means that B19V diagnostics which do not contain conformationally intact capsid epitopes may be unreliable but also has serious implications for vaccine design. The data suggest that vaccines based on short peptide sequences corresponding to regions of the capsid proteins may not induce a protective or persistent immunological memory. This is consistent with previous work from different viral systems demonstrating the importance of conformational antigenic determinants in protective immunity (20, 29).

A variety of mechanisms have been invoked to explain why reactivity against linear epitopes is lost, including the induction of T-cell anergy or tolerance (16). However, these mechanisms do not adequately explain why there is a selective loss of reactivity against the linear epitopes of the capsid proteins. A more likely explanation centers on the induction of B-cell memory. B-cell memory is maintained by the persistence of antigen on specialized follicular dendritic cells. This involves the deposition of antigen as immune complexes on the surface of the follicular dendritic cells, a process that preserves the conformational integrity of the antigen (11, 35, 48). We propose that this competitive situation would favor the more avid recognition by B cells expressing surface Ig directed against conserved conformational epitopes, and hence antibodies against linear epitopes would tend to be lost from the repertoire.

Franssila et al. also reported that there is a subclass switch for antibody against the VP1-unique region from IgG3 during acute infection to IgG4 during convalescence and proposed that this was due to a switch from a Th1 response to a Th2 response (16). In other infections and model systems, members of our group and others have reported a broadening of cytokine responses with time (2, 3, 27). These have involved initial responses dominated by either type 1 or type 2 cytokines and have been due to a variety of factors, including subclinical...
repeat infection and variables in the initial priming (2, 3, 27). However, in the present study, we found no evidence of a switch in either the humoral or cell-mediated immune compartments. Although it is possible that a phenotypic switch in reactive antibody or the pattern of cytokine production may have occurred prior to 3 months postinfection, previous work has suggested that this did not occur until at least 3 to 4 months postinfection (16). Furthermore, the absence of the IgG4 subclass in all children’s specimens suggests that it is unlikely that a previous phenotypic switch has occurred. The dominant subclass of antibody specific for B19V detected from recently infected children or long-term convalescent adults was IgG1. IgG1 and IgG3 are associated with Th1 responses in humans, and the lack of specific IgG1 is a feature of parasite-driven Th2 responses (22, 36). The high levels of B19V-specific IgG3 in convalescent plasma detected in this study are not consistent with a switch to a Th2 response. Significant levels of IgG3 were detected in samples from recently infected children in this study. This is consistent with a recent study by Bostic et al. (5) and with the well-documented significance of opsonizing and complement-fixing IgG3 in providing protection against other viral infections (4, 18, 19, 46). The IgG2 response following B19V infection appears to be directed mainly against non-linear epitopes on VP2 and to decline with time. The mechanisms governing IgG2 induction are thought to involve a factor other than IFN-γ (45), although the reasons for the decline observed in this study are not clear. IgG4 is the human IgG subclass most closely associated with Th2-driven immune responses (14, 22, 36); however, with one exception, little or no B19V-specific IgG4 was detected for either children or adults.

The elucidation of the protective immune response to B19V is a prerequisite to the design of an effective vaccine. Initial efforts to explore the nature of the cellular immune response to B19V were unsuccessful (24). However, more recent attempts at studying T-cell proliferation using recombinant B19V antigens have proved more informative (50). The present study allowed the comparison of specimens taken from individuals with clinical as well as serological evidence of recent B19V infection. T cells from recently infected children proliferated strongly in response to VP1 (Fig. 5). Since the responses to VP2 were weaker, this suggests that the unique region of VP1, corresponding to the 227 amino acids at the amino-terminal end, is a major but not exclusive target for T-cell recognition and antibody responses generated by infection. This hypothesis could be addressed by using peptides corresponding to regions of VP1 and VP2 to map the T-cell epitopes of B19V (28). The relationship between sites of B-cell recognition and T-cell recognition on complex antigens is not straightforward; nevertheless, our observation for children that these sites reside in close proximity on the B19V capsid is in accordance with previous studies. We have previously shown that in poliovirus, there is a proximity between neutralizing antibody sites 1 and 3 and sequences recognized by T cells (17, 25, 28), suggesting that specific antibody may protect adjacent T-cell epitopes during antigen processing. Proliferative responses by T cells from adults were generally weaker than those observed in children, probably reflecting a waning in immunity since infection. In accordance with the results of von Poblotzki et al., significant proliferative responses against both VP1 and VP2 were detected in seropositive adult samples (50). It is not clear why the proliferative response should broaden with time, but this may represent subclinical exposure to B19V.

Although enhanced IL-1β, IL-6, and IFN-γ mRNA production has been observed during acute B19V infection in a single patient (51), there has been no characterization to date of the pattern of cytokine induction following B19V infection in humans. In the present study, we found no evidence of the proposed Th2 response to purified B19V antigens in long-term convalescent subjects; rather, the response in these adult volunteers was dominated by IL-2 and IFN-γ, which is typical of

![FIG. 5. Proliferative responses of PBMC from children recently infected with B19V. Cells were stimulated in vitro with purified VP1 (horizontal shading), VP2 (solid bars), or either medium alone (open bar) or PHA (diagonal shading) as a negative or positive control, respectively. Results are given as the S.I. and are the mean (± the SE) of at least two experiments performed in triplicate. For clarity the results for some positive controls have been truncated at an S.I. of 20.](image)

**TABLE 1.** IFN-γ secretion by PBMC from recently infected children or adults in response to B19V capsid proteins

<table>
<thead>
<tr>
<th>Source of samples</th>
<th>B19V-specific IFN-γ productiona (pg/ml [mean ± SE]) in response to:</th>
<th>No. of samples</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>VP1</td>
<td>VP2</td>
</tr>
<tr>
<td>Children</td>
<td>&lt;80</td>
<td>&lt;80</td>
</tr>
<tr>
<td>Adults</td>
<td>610 ± 348</td>
<td>1,765 ± 825</td>
</tr>
</tbody>
</table>

a IFN-γ responses by PBMC isolated from recently infected children or B19V-seropositive convalescent adults following in vitro stimulation with either purified VP1 or VP2 (10 μg/ml).
the Th1 responses induced by many viral infections (28, 29). Th1 responses have well-documented roles in antiviral immunity; however, such responses are not always beneficial. The pathological damage witnessed during rheumatoid arthritis is also associated with type 1 responses. Interestingly, B19V infection has recently been linked to both rheumatoid and juvenile arthritis. Another condition in which type 1 responses are considered detrimental is pregnancy. Pregnancy is associated with a profound suppression of Th1-mediated immunity (52). This is thought to protect the fetus from maternal mechanisms of allograft rejection. Infection of pregnant mothers by B19V is considered detrimental due to the fetus or non-immune mechanisms: however, our data suggest that infection of immunologically naive, pregnant women by B19V would induce a virus-specific Th1 response. This type of response may not be compatible with carriage of the fetus to term and may contribute to a B19V-induced immune-mediated fetal loss.

Although we found no evidence of a Th1-to-Th2 switch following B19V infection, we did observe a significant deficit in the IFN-\(\gamma\) response against capsid proteins in recently infected children. It has been previously shown that expression of IFN-\(\gamma\) by neonatal CD4\(^+\) and CD8\(^+\) T cells is markedly lower than that by analogous adult cell populations (26). This is supported by studies of primary herpes simplex virus infection, with which there is a significantly reduced IFN-\(\gamma\) response by T cells from infants compared to that of cells from adults in the first 3 to 6 weeks postinfection (10). However, other data show that under certain conditions, neonates and infants can display a memory Th1-type response of a magnitude similar to that observed later in life (32). Our data show that the deficit in IFN-\(\gamma\) production is not an intrinsic feature of the T-cell population from recently infected children, since mitogen-specific responses are equivalent to those seen in adults. It may be that other deficiencies, either in the antigen-presenting cell populations or in expression of costimulatory signals, contribute to this deficit (37).

Whatever the mechanism underlying the antigen-specific deficit in IFN-\(\gamma\)-responses observed from these children, our data have important implications for the design of vaccines against B19V. It may be that candidate B19V vaccines, designed for childhood immunization, will need to be formulated with adjuvants or delivery vehicles which favor the induction of Th1 responses, such as IL-12 or the mycobacterium-derived trehalose dimycolate, rather than traditional adjuvants, such as aluminium salts, which tend to induce Th2-type responses (31).

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