Patterns of Changes in Human Immunodeficiency Virus Type 1 V3 Sequence Populations Late in Infection

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We have used a V3-specific heteroduplex tracking assay (V3-HTA) with probes from two different human immunodeficiency virus type 1 (HIV-1) subtypes to examine the extent and pace of HIV-1 evolution late in infection. Twenty-four subjects with advanced HIV-1 infection (CD4+ T-cell count, <100/μl) and stable viral loads were studied using blood plasma samples collected over a study period of approximately 9 months, during which time most of the subjects were treated with reverse transcriptase inhibitors. The V3-HTA patterns from the first and last time points were evaluated individually to determine the amounts of change in V3 sequence populations, which were primarily changes in abundance in preexisting sequence populations. Three of the 24 subjects had major changes (greater than 50% total change in the relative abundance of the sequence populations), 11 subjects had intermediate changes (10 to 50% total change), and 10 subjects had minimal changes (less than 10% total change). The average total amount of change was between two- and threefold greater in subjects with X4-like variants, although there was no correlation between average viral load and the presence of X4-like variants. V3-HTA patterns in monthly samples from 11 of the subjects were also compared. In two subjects, the amount of change exceeded 40% in a 1-month period. Overall, the pace of change in V3 populations varied between subjects and was not constant within a subject over time. Sequence analysis of the V3 variants showed that R5-like variants (not containing any X4-associated substitutions) continued to be maintained in three subjects in the presence of X4-like variants, indicating that X4 variants do not always outgrow R5 variants. The coreceptor usage of the V3 sequences from two subjects was determined using a cell fusion assay. One subject had an X4 variant that was maintained at a low level for at least 9 months, during which time the predominant variants were RSX4 (dualtropic), while in the second subject the reverse situation was observed. One of the dualtropic variants had a novel sequence motif in V3, suggesting another evolutionary pathway to altered tropism. These studies begin to probe the complexities and pace of V3 evolution in vivo, revealing dynamic patterns of change among multiple V3 sequence variants in a subset of subjects.

The human immunodeficiency virus type 1 (HIV-1) genome has the capacity to undergo extensive evolution in vivo (15a, 31). The most dramatic evidence for the potential of this evolution is seen with the introduction of external selective pressure, i.e., antiretroviral drugs and the development of resistance to antiretroviral drugs. HIV-1 can also evolve over time to use different cell surface coreceptors. Virus that is transmitted typically uses only CCR5 as a coreceptor for entry into CD4+ T cells (R5 variants) (30, 38), but later in infection virus may evolve to use CXCR4 (X4 variants) (2, 8) or possibly other coreceptors (7, 11). These changes in tropism typically involve sequence changes in the V3 region of the viral Env protein.

Before the discovery of chemokine receptors as coreceptors for HIV-1 entry into CD4+ T cells, macrophage tropism and syncytium induction (SI) in MT-2 cells were common tests for the tropism of HIV-1 isolates. Macrophage tropism is associated with CCR5 usage, while the SI phenotype is associated with CXCR4 usage, although exceptions have been described (15, 33). A continuum of phenotypes exists for both tropism and coreceptor usage, with one example being the existence of viruses that can use both CCR5 and CXCR4 (R5X4; dualtropic). Schuitemaker et al. found that the in vitro phenotypes of viral isolates changed over time, going from macrophage-tropic non-SI (NSI) to T-cell-tropic NSI to T-cell-tropic SI (30). They also found that once the SI viruses emerged they dominated in abundance. SI viruses are thought to appear just before a rapid CD4+ T-cell loss in 50% of infected individuals, although this value is based on a small number of subjects (35). SI variants actually may emerge in every infected person but may be transiently present in some individuals (31). In contrast to the dynamic evolution of V3 variants with altered tropism late in infection, the overall evolution of env appears to decrease in late-stage infection (10).

We have used sequence variability in the region of the env gene encoding V3, as measured by a V3-specific heteroduplex tracking assay (V3-HTA), to examine the extent and pace of changes in the sequence and abundance of V3 populations in 24 HIV-1-infected subjects late in infection. V3-HTA was developed to detect clustered mutations in V3 that are associated with the SI phenotype (24), which in turn is associated with a change in coreceptor usage to CXCR4 (34). We detected major changes in virus populations in 3 of the subjects in the current study (13%) and intermediate changes in 11 subjects (46%) over approximately 9 months and over a period when viral RNA loads were stable. Analysis of monthly samples from 11 of the subjects showed that the amount of change between time points varied widely between and within subjects. The greatest degree of change between consecutive time points occurred in subjects with X4-like variants, with the largest change being greater than 40% total virus population change within just 1 month. We also observed that minor populations...
with unusual V3 loop sequences can persist stably in some subjects.

### MATERIALS AND METHODS

### Patient plasma samples

Samples were provided by Dale Kempf, Abbott Laboratories, Abbott Park, Ill., and had been collected as described by Cameron et al. (24) for a placebo-controlled trial of ritonavir (clinical trial M96-247). Subjects could be enrolled in the trial if they had CD4+ T-cell counts of less than 100/μL and had not been treated with protease inhibitors; subjects continued any preexisting reverse transcriptase inhibitor therapy. Blood was collected for HIV-1 RNA quantitation and CD4+ T-cell counts at entry into the trial, after 2 and 4 weeks, and every month thereafter. HIV-1 RNA quantitation was done using an Amplicor kit (Roche, Somerville, N.J.) (3).

### RNA extraction and RT-PCR

Viral RNA was extracted from 140 μL of plasma using a QiAamp viral RNA extraction kit (Qiagen, Valencia, Calif.). Reverse transcription (RT)-PCR was performed as described previously (24) with minor modifications. Briefly, 20-μL RT reaction mixtures consisted of 5 μL of the viral RNA-containing eluate from the QiAamp column, 1× Expand HF buffer (Boehringer Mannheim Biochemicals, Indianapolis, Ind.), 2.5 mM MgCl2, 0.5 mM each deoxynucleoside triphosphate, 15 pmol of primer V3R5, and 12 U of avian myeloblastosis virus reverse transcriptase (Boehringer). RT reactions were carried out at 42°C for 30 min, and then the enzyme was inactivated at 99°C for 2 min. Thirty microliters of PCR mixture (1× Expand HF buffer, 2.5 mM MgCl2, 15 pmol of primer V3L4, 2.6 U of Expand HF enzyme mix [Boehringer]) was then added to each RT reaction mixture. PCR was carried out in a Robocycler 40 (Stratagene, La Jolla, Calif.) with the following program: 1 cycle of 95°C for 2 min 45 s, 52°C for 45 s, and 72°C for 1 min. One extra minute was added to the 72°C step after every 10 cycles.

### V3-HTA

V3-HTA with the subtype B probe was performed as described by Nelson et al. (24). The subtype C probe was constructed by amplifying the V3 sequence from plasmid pS1611 (27), which was derived from an HIV-1-infected man from Malawi. The V3 sequence was amplified using primers V3L4 and V3R3 (24) to produce a 141-bp fragment that was cloned using a pTBlue-3 Perfectly Blunt cloning kit (Novagen, Madison, Wis.). The upstream EcoRI restriction site was destroyed by filling in with the Klenow fragment of DNA polymerase I (New England Biolabs, Beverly, Mass.) and religation, producing plasmid pN33. The subtype C probe was labeled by first digesting 1.5 μg of plasmid pN33 with EcoRI. The probe was described for the subtype B probe by digestion with EcoRI overhangs of the linearized plasmid in a reaction mixture containing 25 μL of [α-35S]dATP (1,250 Ci/mmol; NEN Life Science Products, Boston, Mass.) and 15 pmol of each primer. The labeled probe was then released from the vector by digestion with BamHI. Excess radioactive nucleotide was removed using a MicroSpin G-50 column (Amersham Pharmacia). The labeled probe was added to the target cells to allow cell fusion, and luciferase expression plasmid driven by the T7 promoter. After overnight expression, the effector cells were added to the target cells to allow cell fusion, and luciferase activity was quantified 7.5 h after cell mixing.

### RESULTS

V3-HTA analysis using probes from subtypes B and C reveals population shifts in a majority of late-stage infections. A cohort of 24 participants in the placebo arm of a ritonavir clinical trial (3) were studied by examining plasma samples collected at least 1-month intervals over an average of 240 days (range, 196 to 312 days). The subjects were chosen for study because they had relatively stable RNA levels throughout the trial (variation of less than 1.2 log10). These subjects continued their pretrial reverse transcriptase inhibitor therapy during the study. All of the subjects studied had CD4+ T-cell counts of less than 100/μL as a criterion for participation in the trial, and the median baseline CD4+ T-cell

### TABLE 1. Plasma HIV-1 RNA levels and percent total change detected by V3-HTA for the 24 subjects examined

<table>
<thead>
<tr>
<th>Subject</th>
<th>Viral RNA loada</th>
<th>% Total change</th>
<th>V3-HTA probe</th>
<th>X1-like genotypeb</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Meanb</td>
<td>Rangeb</td>
<td>A</td>
<td>B</td>
</tr>
<tr>
<td>1004</td>
<td>6.05</td>
<td>5.98–6.16</td>
<td>22</td>
<td>C</td>
</tr>
<tr>
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<td>4.59–5.26</td>
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<td>4.70–5.53</td>
<td>6</td>
<td>C</td>
</tr>
</tbody>
</table>

*LoRa* RNA levels.

1 Geometric mean of all samples taken for the indicated patient during the course of the study (between 8 and 12 samples per patient).

2 Range of log10 RNA levels measured for the indicated patient during the course of the study.

3 Presence of X1-associated genotype in any of the V3 sequences determined (22). N, no; Y, yes. Cloned RT-PCR products were sequenced for most of the subjects with multiple bands, and bulk RT-PCR products were sequenced for subjects with a single dominant band or two equal bands that did not change over time (subjects 1064, 1067, and 1146).

4 The change in V3 populations in this subject was coincident with a change in reverse transcriptase inhibitor therapy (addition of lamivudine at day 184).
count for these 24 subjects was 34/µL. The short time intervals of sampling in this trial offered the possibility of detecting rapid shifts in virus populations.

V3-HTA (24) was performed using RT-PCR products generated from plasma-derived viral RNA for all 24 participants at times corresponding to the beginning and end of the clinical trial. For subjects who were switched to ritonavir during the trial, the time point of the switch was used as the last time point for this study. The probe for V3-HTA represented the subtype B consensus sequence. Each RNA sample was used for two separate RT-PCR amplifications, and both RT-PCR products were analyzed for reproducibility by V3-HTA to document sufficient template sampling; faint bands that were not seen in the duplicate RT-PCRs were not counted as separate populations. The results of one set of these analyses are shown in Fig. 1. Sixteen (67%) of the subjects (1012, 1018, 1021, 1024, 1027, 1034, 1036, 1063, 1064, 1067, 1073, 1114, 1124, 1133, and 1146) had multiple discrete populations of virus at the beginning of the study, defined as multiple bands in V3-HTA.

To determine whether V3 population changes occurred in the subjects in whom changes were not apparent visually with the subtype B consensus probe, we reexamined the RT-PCR products from 17 of the subjects using a probe cloned from a person infected with subtype C HIV-1 (27). This intersubtype probe has several clusters of mismatches with the subtype B consensus probe (Fig. 2A) that make the probe more sensitive to smaller sequence changes, including those that might appear among evolving R5 genotypes. Five of the subtype C V3-HTA patterns showed a larger number of discrete populations than had been seen with the subtype B probe, demonstrating that the subtype C probe was able to reveal additional variants (Fig. 2B).

To quantify the changes in the virus populations over time, the relative percentage of each band in each sample was determined by phosphorimaging or densitometry, and the total amount of change in the relative abundance of the sequence populations was calculated for each subject. The percentages of total change in virus populations, as reflected in changes in

![FIG. 1. V3-HTA analyses with the subtype B probe of the RT-PCR products from all 24 subjects. Only the bottom portions of the gels are shown. Day 1 was the start of the trial. The arrows on the left indicate the positions of the single-stranded probe (top) and the probe homoduplex (bottom). The bracket on the left indicates the range where heteroduplexes migrate.

![FIG. 2. (A) Comparison of the sequences of the subtype B and C probes used for V3-HTA analyses. The subtype B probe sequence is from the JR-FL molecular clone (16), while the subtype C probe sequence is from an HIV-1-infected man from Malawi (27). Vertical lines indicate identity. (B) V3-HTA analyses with the subtype C probe of the RT-PCR products from 17 subjects who did not show changes with the subtype B probe. Labeling is the same as in Fig. 1.](http://jvi.asm.org/)

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Subjects with X4-like variants have more dynamic virus populations. To determine whether there was a difference in the amount of change between subjects with and without X4-like variants, the percent total change (Table 1) was plotted against genotype and virus load (Fig. 3). Sequences were determined from cloned RT-PCR products for many samples and from the bulk RT-PCR products for most of the subjects for whom complete time courses were not determined (data not shown). These sequences were used to determine whether X4-like variants were present (Table 1). Sequences were identified as X4-like if they had at least one basic amino acid substitution at a relevant position or at least two other X4-associated substitutions, as described by Milich et al. (22). Mixed sequence peaks in the sample from subject 1146 had the X4-associated substitutions 9S, 11R, and 23A, while the other two subjects with mixed sequence peaks, 1064 and 1067, had no X4-associated substitutions. In several cases, the sequences were not determined for the faint bands with X4-associated mobility in V3-HTA, so the number of subjects with X4-like variants likely is underestimated. Overall, the subjects with X4-like variants had more total change between the first and last time points than did subjects without X4-like variants, 29.7 and 11.9% average total changes, respectively ($P = 0.94$; two-tailed Student's $t$ test). As a group, about half of the subjects with X4-like variant sequences had a greater than 30% change over the 9-month time period, while only one of the R5 variants showed a greater than 30% change (Fig. 3). There was no difference, however, in average viral loads between subjects with and without X4-like variants ($P = 0.94$).

Analysis of monthly samples reveals a different pace of change for each subject. For 10 of the subjects who showed substantial population changes between the first and last time points with the subtype B or C probe, the intervening monthly samples were analyzed by V3-HTA to define more narrowly the time period over which the population changes occurred. The intervening samples from subject 1124 were also analyzed; even though this subject showed no change in pattern between the first and last time points, we had detected a change in V3-HTA pattern after the subject was switched to ritonavir (data not shown). The subtype B probe was used for the time course V3-HTA analyses for seven of the subjects (Fig. 4A), and the subtype C probe was used for the other four subjects (1004, 1027, 1029, and 1114; data not shown). Sequences were determined for most of the individual species detected by V3-HTA, and the deduced amino acid sequences for the samples analyzed with the subtype B probe are shown in Fig. 4A. Only minor sequence differences (mostly synonymous mutations) were seen among the multiple variants detected with the subtype C probe (data not shown).

As shown in Fig. 4A, the shifts in V3 populations in subjects 1024 and 1133 were between X4-like sequences. Subject 1124 had fluctuations back and forth between an R5-like variant and an X4-like variant. The significant shift for subject 1012 was between the related R5-like variants 1 and 2, while the X4-like variants 3 and 4 remained relatively stable over time. Subjects 1036 and 1066 also had both R5-like and X4-like variants, while subject 1034 had only R5-like variants. Subjects 1004, 1114, 1029, and 1027, who were analyzed with the subtype C probe, had only R5-like variants (data not shown).

To determine the magnitude of change in the subjects for whom time course V3-HTA analyses were done, the relative abundance of each band or population was quantified after phosphorimaging for each sample and plotted in Fig. 4B. The amount of change between each pair of consecutive time points was also calculated to quantify the amount of change that occurred, especially in subjects with multiple variants (Fig. 4C). The relative abundance of variants and the amount of change between each pair of samples are not shown for the subjects analyzed with the subtype C probe; in general, V3 population changes detected with the subtype C probe were small. Overall, changes in V3 populations occurred at different rates between subjects and at different rates within a subject over time. Subjects 1024, 1124, and 1012 had at least a 30% change between one pair of consecutive time points and alternating periods of relative stability and instability. The greatest change in subject 1024 occurred when there was a switch in dominance from variant 1 to variant 4 between days 30 and 86. Subject 1124 had more than a 40% change between days 199 and 234, when variant 2 lost its dominance. Subject 1012 had more than a 40% change between days 58 and 85, when variant 1 became dominant. Of note, all three of these subjects had X4-like variants.

Five of the subjects (1133, 1036, 1066, 1034, and 1004) had smaller amounts of change over time, with a maximum 16 to 25% change between consecutive time points (Fig. 4C; data not shown for subject 1004). All types of genotypic mixtures (X4-like only, X4-like plus R5-like, and R5-like only) were observed in this group, with more moderate instability. Subjects 1133 and 1034 had 53 and 48% total change between the beginning and the end of the trial, respectively, because of the loss of variant 1 in each case (Fig. 4A and B); however, the accumulation of these changes over time was slow. The last three subjects, 1027, 1029, and 1114 (data not shown), had a maximum 5% change between time points, indicating that shifts in their V3 populations were slight. These three subjects had only R5-like variants.

Five subjects had changes in their reverse transcriptase inhibitor therapy during the study. Therapy changes for subjects 1124 and 1034 are noted in Fig. 4B and C. None of the changes resulted in changes in viral RNA load of greater than 0.5 log (data not shown). In most cases, the switch in therapy did not seem to affect significantly the amount of change in V3 popu-
lutions. In subject 1053, the change in therapy was associated with a 10% change in V3 populations (data not shown), while in three other subjects (1034, 1029, and 1114), the change in therapy was associated with a 5% or smaller change in V3 populations (shown for subject 1034 in Fig. 4C). Subject 1124, however, did show the greatest amount of change between any two time points in the time course after the addition of lamivudine (Fig. 4C), although the previous fluctuations in abundance of the two variants in this subject cannot be explained by therapy changes. Preliminary analysis of the V3 populations in subjects starting potent ritonavir therapy suggests that the populations are often disrupted by the genetic bottleneck of resistance development, followed by reestablishment of the preexisting V3 populations (W. Resch, J. A. E. Nelson, and R. Swanstrom, unpublished data).

Rare unusual variants can persist. A few of the subjects who showed changes with the subtype B probe had variants with divergent sequences that persisted at low levels throughout the period of study. Variant 3 from subject 1133 was maintained at 2 to 7% of the total and appeared to be largely unaffected by the population dynamics between the other two variants that were present (Fig. 4B). All three variants present in subject 1133 had X4 characteristics, but variant 3 differed from the other two variants at 14 out of 27 amino acid positions. Subject 1012 had two related variants (3 and 4) that were maintained at lower levels than the other variants, even though the sequence changes at positions 8, 9, and 25 suggest evolution toward X4 usage (Fig. 4A). The rare variants in this subject differed from the more abundant variants at 10 out of 27 amino acid positions. A third subject, 1066, started with a variant with a four-amino-acid deletion, and later a second variant with a sequence very similar to the subtype B consensus sequence was detected (Fig. 4A), with no deletion and five additional amino acid changes. The presence of such highly divergent sequences in each of these subjects raises the possibility that these subjects harbor viruses that represent either superinfection or extensive evolution, perhaps to use a novel coreceptor or by sequestration in an isolated tissue. The presence of the corresponding bands in multiple samples from each of these subjects argues against fortuitous experimental contamination as the source of these unusual variants.

In a first attempt to explore the biological basis of these multiple V3 populations, the V3 variants from subjects 1133 and 1066 were tested for coreceptor usage to determine whether the highly divergent sequences also had divergent functions. The V3 sequences were placed into the env gene from the R5 molecular clone YU-2 (19, 20). The recombinant env genes were expressed from an expression vector and tested for CCR5 or CXCR4 usage by a cell-fusion assay (28). For subject 1133, variants 1 and 2 used both coreceptors, while variant 3 was able to use only CXCR4 (Fig. 5). Therefore, subject 1133 harbored two dominant, related R5X4 variants, one of which was gradually lost over time, and a minor, highly divergent X4 variant that persisted. As expected, variant 2 from subject 1066 used only CXCR4 but, surprisingly, variant 1 used both coreceptors. The unexpected coreceptor usage of these divergent variants underscores the need for further analysis of the V3 determinants of coreceptor usage. For variant 1 from subject 1066, several of the substitutions that diverge from the consensus sequence (5S and 27T) were previously identified as Nsi-like because they appear predominantly in the absence of basic amino acid substitutions (22). The observation that these substitutions may contribute to altered tropism to include CXCR4 (Fig. 5) suggests an alternative evolutionary pathway to CXCR4 tropism that does not include basic amino acid substitutions.

DISCUSSION

We have observed for a group of 24 subjects with advanced HIV-1 infection that in a majority of them, the viral sequence encoding V3 exists as multiple sequence populations. In addition, a majority had detectable shifts in the abundance of the preexisting V3-defined virus populations; 3 had major changes and 11 had intermediate changes in their virus populations over an average of 9 months. These results likely are an underestimate of the amount of sequence change in the V3 regions of these subjects, since the probes used for V3-HTA were not sensitive to all nucleotide changes. The pace of evolution of V3 in 11 of the subjects varied between and within subjects, with the greatest amount of change between consecutive monthly time points occurring in subjects with X4-like genotypes. Two subjects had a greater than 40% total change over just 1 month.

The subjects in this study were being treated with reverse transcriptase inhibitor therapy that appeared to be suboptimally effective, as evidenced by the high viral loads in each subject. In studies of env evolution during treatment with antiretroviral therapy, only highly effective treatment, i.e., with protease inhibitors, has been observed to disturb V3 popula-

FIG. 5. Cell-cell fusion assay results for usage of CCR5 and CXCR4, averaged over three replicate experiments. Relative fluorescence units (RFU) are given as the percentage of RFU from pYE with CCR5 and CD4. pYE is the control YU-2 env expression clone; sequences of the V3 inserts for the 1133 and 1066 clones are the same as those shown in Fig. 4A. Data are means and standard errors of the means.
tions. Nijhuis et al. found evidence of a genetic bottleneck for V3 in subjects who were treated with and developed resistance to ritonavir (25). Delwart et al. showed that there were rapid and dramatic changes in V3 to V5 during the development of resistance to ritonavir or nelfinavir, although the changes were usually transient (9). However, for two groups of subjects on zidovudine (AZT), there was no obvious effect on the evolution of V3 while the virus was developing resistance, presumably because of the weak therapeutic effect of AZT in those subjects (18, 32). In a third study with AZT, transient changes in V3 were seen (37). Therefore, some of the changes that were seen in the V3 populations in the subjects in the current study could have been due to selective pressure on the pol gene by the inhibitors, but more likely the majority of the changes that we observed reflected changing selective pressure on the virus.

Most of the variability in the V3 region, at least for subtype B HIV-1, is linked to changes in coreceptor usage from CCR5 to CXCR4 (6, 21, 22). In fact, in the absence of this type of change, V3 is no more variable than the conserved regions of env (27). The small amount of V3 variability found in R5 sequences is usually not detected by V3-HTA with a probe from the same subtype, since clustered mutations are necessary for changes in heteroduplex mobility. SI variants and, by extension, R5X4 and X4 variants evolve late in the disease course, and their appearance coincides with a rapid decline in CD4 T-cell numbers (8, 35, 36). These variants can be detected biologically by growth in transformed T-cell lines or infection of cells expressing CXCR4 (1, 12) or genetically through the extensive sequence evolution in the V3 region that accompanies the change in tropism (13, 21, 24). Virus with the SI phenotype typically becomes the predominant virus that can be cultured from infected peripheral blood lymphocytes (30). However, our results suggest a more complex view of the coreceptor switch phenomenon, showing that even after V3 variants that have X4 characteristics have evolved, R5-like variants can be maintained as the predominant population (e.g., subject 1036). We also found that in subject 1133, an X4 variant was maintained at a low level, while the two dominant species were R5X4. Somewhat surprisingly, we detected no new appearances of X4-like variants among the 24 late-stage infections, precluding any insights into the initial evolution of variants of tropism. We did not find X4-like variants in 15 of the 24 subjects even late in infection, in contrast to the results of Shankarappa et al. (31), although we examined only a 9-month period of time and the X4-like variants could have been lost prior to this trial.

From the results presented here, it appears that ongoing evolution of virus populations can be dynamic even in late-stage infection, leading to significant changes in HIV-1 populations. There are several possible sources for the selective forces that may drive these population shifts.

First, adaptation to CXCR4 usage may be an ongoing process, with evolution of variants that have a better affinity for the alternative coreceptor. Direct competition between variants for infection of susceptible cells may also play a role, where the variant that is able to use most efficiently the number and type of available coreceptors will reproduce in larger numbers for the next round of replication.

A related selective pressure relevant to late infection may be changes in total cell population; as the number of CD4+ cells decreases, cells that are specifically infected by a variant may be lost, so that the variant also is lost. Compartmentalization of cells may also contribute to the differential growth of variants. A concentration of cells expressing specific coreceptors or at a specific activation stage may provide a better environment for the growth of certain variants.

Second, antibody and/or cytotoxic T-lymphocyte (CTL) selection may be involved, since V3 can be a target of neutralization (14) and CTL recognition (29). However, the sensitivity of primary isolates to neutralization by polyclonal sera is not determined by their coreceptor usage (5, 23), suggesting that V3 does not become a target of neutralization after evolution to use a different coreceptor. CTL selection is also unlikely because V3 is highly conserved during the early part of infection, when CTL selection is strongest, and most of the V3 variability is associated with changes in coreceptor usage.

A third type of selective pressure that we have not examined here is the effect of genetic bottlenecks on other regions of the genome that are under strong selective pressure, especially other regions of the env gene. For example, there may be a temporal link between changes in V3 and a previously identified site in C4 that is frequently changed with the coreceptor switch (4, 22). We have also found evidence for temporal linkage between changes in V1 or V2 and V3 in two of the subjects included in this study (subjects 1124 and 1133; K. M. McGrath and R. Swanstrom, unpublished data).

The sum of these, and perhaps other, selective pressures results in the coexistence of multiple V3 sequence populations that can undergo significant and sporadic shifts, even at a time when the circulating CD4+ T-cell numbers are low and viral load is constant. Changes in the presence and abundance of the V3 sequence populations over time can be modeled to determine the relative fitness of each variant within the host at a particular time. For instance, variant 2 of subject 1034 has a relative fitness of 1.05 over variant 1 during the first 114 days of the study (assuming a generation time of 2 days [26]). Overall, the range of relative fitness values for pairs of variants inferred from the changes in abundance seen in Fig. 4 was 1.00 to 1.07, although most of the values could be calculated only with a subset of the time points, in which there was a unidirectional change in the abundance of a sequence population.

A few of the subjects examined here (1133, 1012, and 1066) showed persistence of a low-abundance variant that had a sequence quite different from those of the other variants found in those subjects. For subjects 1133 and 1012, these rare V3 sequences had X4-associated features that might be expected to have allowed them to become the dominant members of the population (30). The minor variant from subject 1133, in fact, was X4, while the dominant variants were both R5X4. However, these rare variants were maintained for many months at low levels. In the third case, subject 1066, an R5X4 variant was the one that appeared and/or persisted, despite the fact that the more abundant variant was X4. Each of these low-abundance variants could represent dual infections with variants that are equally durable or superinfection with a virus able to establish a concurrent infection. Alternatively, they could be products of the high rate of evolution, which could result in minor variants that are selected for specific niches of susceptible cells in the body. An initial example of the potential for biological complexity comes from variant 1 in subject 1066, which was dualtropic but had none of the basic amino acid substitutions typically associated with tropism for CXCR4. A deeper understanding of the origin of these rare variants can be obtained by examining the sequences flanking the V3 region and by extensively examining the coreceptor preference of these stable, low-abundance variants.

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